The Return of the Al Fresco Lifestyle

By Pat Sugrue

The sky was blue. The sun was shining. The weather was perfect. Spring had come to Cameron Station. And as they had been doing for years, neighbors from all over the community strolled over to Brenman Park Drive to enjoy the fine weather and some al fresco eating and drinking.

At least that was the plan. Unfortunately, there was not a table or chair to be seen anywhere on the street. Everything was inside the various retail establishments by order of the Board of Directors of the Main Street Condominium Association, which owns the eight feet of sidewalk where the furniture is usually placed.

(Continued on page 11)

Splash into Summer: Community Pool Party June 18

By Stephenie Zvonkovich

Cameron Station’s Annual Pool Party is scheduled for Saturday, June 18, from 11am to 3pm. Fun for all ages, the party features an inflatable slide and moon bounce as well as a 50/50 Raffle benefitting the Susan G. Komen Foundation.

(Continued on page 18)
CAMERON STATION COMMUNITY ASSOCIATION, INC. (CSCA)

BOARD OF DIRECTORS
(boardofdirectors@cameronstation.org)

Mindy Lyle (President)
Tom Mcclimon (Vice President)
Architectural Review Committee Liaison

Don Buch (Treasurer)
Financial Advisory Committee Liaison

Michael Kidwell (Secretary)
Common Area Committee Liaison

Alvin Boone (Director)
Cameron Club Facilities Committee Liaison

Nick Giannotti (Director)
Activities & Events Planning Comm. Liaison

Philip Ludvigson (Director)
Communications Committee Liaison

Meetings are the fourth Tuesday of every month, unless otherwise indicated.

COMMUNITY MANAGEMENT

Airielle Hansford, Community Manager communitymanager@cameronstation.org

Mary Flynn, Assistant Community Manager assistantmanager@cameronstation.org

Shirley Petrovic, Covenants Administrator covenants@cameronstation.org

Margaret Kale, Administrative Assistant admin@cameronstation.org

Kevin Horner, Director fitness@cameronstation.org

CAMERON CLUB FITNESS CENTER

CSCA COMMITTEES

ACTIVITIES & EVENTS PLANNING COMMITTEE
events@cameronstation.org
Michael Johnson – Chairperson

ARCHITECTURAL REVIEW COMMITTEE
arc@cameronstation.org
Cole Mowry – Chairperson

CAMERON CLUB FACILITIES COMMITTEE
facilities@cameronstation.org
Ray Celeste – Chairperson

COMMON AREA COMMITTEE
commonarea@cameronstation.org
Robert Burns – Chairperson

COMMUNICATIONS COMMITTEE
communications@cameronstation.org
Jamie Test – Chairperson

FINANCIAL ADVISORY COMMITTEE
fac@cameronstation.org
Andrew McDonald – Chairperson

CONDOMINIUM/MANAGEMENT COMPANIES

Carlton Place Condominium
Oakland Hall at Cameron Station Condominium
Woodland Hall at Cameron Station Condominium
Management Company: Community Management Corporation
Matthew Foust, Manager on site at Cameron Club:
703-212-8020, 703-212-8021 (fax), mfoust@cmc-management.com

Main Street Condominium
Management Company: GHA Community Management, 703-752-8300
After-Hours Emergencies, 888-660-7132
Elevator Emergencies, 800-995-5093

Unit Owners Association of the Condominiums at Cameron Boulevard (Centex Condos)
Judy Wojciechowski, President
Management Company: Klingbeil, Powell & Alutz, Inc. 703-532-5005

The Residences at Cameron Station
Management Company: Armstrong Management 703-385-1133
Angela Luker, Community Manager: On-site number, 703-751-4070

The Compass www.cameronstation.org
May/June 2011
From the President of the CSCA Board of Directors

By Mindy Lyle

Cameron Station is fortunate to have an incredible community management staff. Airielle, Mary, Shirley, Margaret and Chris work very hard to keep the community up to standards and running smoothly. Some of the requests are mind boggling, but the staff takes everything in stride on a daily basis. However, backing up all of their efforts are many volunteers who spend countless hours helping to create the extra amenities that most of us take for granted. I want to thank all of these volunteers for their time and leadership.

One volunteer has worked behind the scenes since the beginning of Cameron Station. For 11 years, Pat Sugrue has worked on The Compass and Community Updates, the last nine as the newsletter’s editor-in-chief. Without Pat’s leadership, the communications efforts in this community might not have the outreach that we have all come to rely on. This is Pat’s last issue as editor, and I want to thank her on behalf of the board and the entire community for the incredible job helping to create a wonderful community publication.

There are many new developments in the surrounding area. The Mercedes dealership is getting a facelift. The owner and its representatives have met with the Cameron Station Board of Directors and residents of Hellmuth to talk about proposed renovations. The bowling alley on South Pickett Street has a new owner. He has filed plans with the City of Alexandria for a mixed-use development with first floor retail. The retail space would be ideal for a small grocery store. To help with that effort, I am asking all of you to send an email to Trader Joe’s asking that they consider this site for a new location. The contact information for the Vice President of Real Estate follows:

Brandt Sharrock
Trader Joe’s
Vice President Real Estate
117 Kendrick Street, Suite 700
Needham, MA 02494
Phone: 781-455-7322
Fax: 781-455-7372
Email: bsharrock@traderjoes.com

Board of Directors Meeting, April 26

By Maya M. Noronha

Ten residents attended the Cameron Station Board of Directors April meeting in the Henderson meeting room in the Cameron Club. Representatives from Rust Orling Architecture and WTS International were also in attendance to answer any questions from the board about the renovation of the clubhouse. In other business, West End Event Productions gave a presentation to the board regarding the Alexandria West End Arts and Wine Festival 2011.

The festival is scheduled to take place in Cameron Station and Ben Brenman Park on October 8-9. Ten to fifteen local restaurants, including Alley Cat Bar & Grill, Mango Mike’s, Tempo, Walker’s Grille, Caboose Café & Bakery, Crepe Deli, Hana Tokyo, Hee Been and Reynolds Bar & Grill are participating in the festival’s Taste of West End. There will also be art vendors, handcrafters, a fashion show and a wine garden. West End Event Productions made a number of requests to the Cameron Station board, including use of the Cameron Club restrooms for VIPs, halting watering of the gazebo area lawn close to the event, covering the dog park refuse receptacles and sponsorship. They also asked that the homeowners association (HOA) consider making a monetary donation. Mindy Lyle, president of the board, said they would have to consider some of these requests with the help of legal advisors and placed it on the agenda for next month.

(Continued on page 8)
Committee Updates

Activities & Events Planning Committee
Now that the Spring Yard Sale is over, the AEPC has started preparing for the annual Pool Party set for Saturday, June 18 (see front page). The Pool Party is the largest event we plan, and we need help from the community to make it a success. Interested individuals should contact Stephenie Zvonkovich at szvonkovich@gmail.com to volunteer.

Architectural Review Committee
No update received.

Cameron Club Facilities Committee
The CCFC appreciates any input that residents have (whether they are owners, renters or guests) as to ways that our clubhouse and fitness center can be improved. We begin our budget deliberations in June, so please give any input you have ASAP to facilities@cameronstation.org.

Please note that the fitness center closes promptly at 11pm (Monday-Friday) and 8pm (Saturday-Sunday). Please cooperate and leave promptly. Please also note that the 30-minute cardio equipment rule applies only when all cardio equipment is in use. If this is not the case, then users can remain on the equipment past the 30-minute period.

The CCFC greatly appreciates your cooperation with our staff members!

Common Area Committee
Please see landscaping article on page 8. Pride of Ownership awards will be presented at the June 18 pool party.

Communications Committee
The Communications Committee has been working with community management and our website vendor to complete a new website for the community for many months. After working through some changes to the design, the committee and management are preparing for the new website to go live. The committee is still looking for members, so if you have an interest in the newsletter or website we would love to have you join us.

Financial Advisory Committee
No update received.

CSCA Committee Meetings
All meetings are held in the Cameron Club. If dates change due to holidays or other reasons, they will be posted on the Cameron Station website: www.cameronstation.org.

Activities & Events Planning Committee
First Monday of the month at 7pm

Architectural Review Committee
First Tuesday of the month at 7pm

Cameron Club Facilities Committee
Second Thursday of the month at 7pm

Common Area Committee
First Wednesday of the month at 7pm

Communications Committee
Third Monday of the month at 7:30pm

Financial Advisory Committee
Third Thursday of the month at 7pm
Management Team Welcomes Two New Members

By Mary Flynn

Shirley Petrovic, Covenants Administrator
Shirley Petrovic joined Community Management Corporation (CMC) as the Cameron Station Covenants Administrator in February 2011 and has hit the ground running in her new position. She is performing weekly property inspections and is assisting the Architectural Review Committee in the review of Exterior Modification Applications. Before joining the Cameron Station Community Association as the covenants administrator, Shirley worked for Washington Real Estate Investment Trust as a property assistant in its commercial property management department for five years. We are delighted to have her as part of our management team.

As the summer season approaches, homeowners prepare for an array of exterior projects for their homes and gardens. Please contact Shirley at spetrovic@cmc-management.com, covenants@cameronstation.org or 703-567-4881, regarding any questions or concerns about submitting your Exterior Modification Application for your planned improvements.

Margaret Kale, Administrative Assistant
A big welcome also to Margaret Hoffman Kale, who joined CMC in May 2011 as the new friendly face of the Cameron Station management team. Margaret has recently returned to the Northern Virginia area after living in North Carolina for the past 15 years. She managed a publishing company in Raleigh and is the author of Blackbeard: A Tale of Villainy and Murder in Colonial America, an historical novel about the infamous pirate, Blackbeard, and Dead in the Water, a murder mystery based on a true Coast Guard rescue. She also has worked in the fields of public relations, advertising, law, journalism, management consulting and public administration. She holds a bachelor’s degree in English from the University of North Carolina at Greensboro and a master’s degree from George Mason University.

Margaret will be responsible for registering new residents of Cameron Station as well as assigning annual guest and visitor parking passes. Please stop by or call the management office at 703-567-4881 with any questions or concerns you may have, and Margaret will be happy to assist you. Margaret can also be reached at nkale@cmc-management.com or admin@cameronstation.org.

Mary Flynn is the Cameron Station Assistant Community Manager.

2011 Decals

Per Policy Resolution No. 2010-01–Cameron Club Operating Rules & Procedures, all Cameron Station homeowners and tenants and all residents/facilities pass holders (including those who already have Cameron Station facilities passes) must get 2011 decals for their facility passes. The deadline to pick up the decal was May 1; however decals can still be obtained at the Cameron Club during association hours, Mondays-Fridays, 9am-5pm, and Saturdays, 12noon-4pm.

The 2011 decal must be on your facilities pass for use of any Cameron Station facility (including the shuttle bus). If you have questions about obtaining the decal, please contact the management office at 703-567-4881 or via email at residents@cameronstation.org.

Management Office Holiday Closings for 2011

Memorial Day
Monday, May 30

Independence Day
Monday, July 4

Labor Day
Monday, September 5

Thanksgiving Day
Thursday, November 24

Day after Thanksgiving
Friday, November 25

Christmas
Monday, December 26 (Observed)
Fitness Center News
By Kevin Horner

Group Exercise Classes
2011 is flying by! Our third group exercise session of 2011 began the week of May 16. Residents may always drop in on a class for a $10 drop-in fee. These classes are great for everyone who has resolved to be healthy and fit in 2011! See the spring activities schedule for classes and times. If you do not receive emails from the fitness center and would like to, please email Kevin at fitness@cameronstation.org to be put on the list.

Personal Training is Available at the Cameron Club
The mission of the Exceed Personal Training Program is to educate and motivate individuals to achieve their fitness goals through personalized instruction and guidance designed to enhance results and provide improved quality of life.

Program Formats:
Since everyone has unique goals, we offer a variety of program formats to meet your needs. The following formats are available:

- Private One-on-One Training
- Express One-on-One ½ Hour Training

Fitness Center Reminders
- As a courtesy to others, please re-rack the weights when you are finished using them.
- Due to the change in how Comcast delivers its programming, we had to make some changes to our televisions. We now have all the channels that we had in the past; the downside is that the channels must be changed with a remote control, and the televisions must remain on channel 3. The remotes will now change the channels on all the televisions. Please keep this in mind and be courteous to others when changing channels.

All of us at the Cameron Club appreciate everyone’s commitment to fitness, and we value your support throughout the year. Thanks for making the fitness program here at Cameron Station a huge success!

For information on any of the programs, please contact the fitness center at 703-567-8555 or fitness@cameronstation.org.

SPRING ACTIVITIES SCHEDULE

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<td>9:00-10:00AM Fitness Fusion (Denise)</td>
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<td>6:45/7:00PM</td>
<td>6:45-7:45PM Cardio Box (Fran)</td>
<td>7:00-8:00PM Zumba (Sarah)</td>
<td>7:00-8:00PM Masala Bhangra (Ann)</td>
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<td>8:00/8:15PM</td>
<td>8:00-10:00PM Pick-up Basketball</td>
<td>8:15-9:15PM Yoga Fusion (Denise)</td>
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Drop-ins are welcome on a space-available basis for $10.

This schedule can change at any time due to low class participation, so please call the fitness center or check the website for an updated schedule.
Cameron Club Fitness Center Hours

Monday-Friday
5am-11pm
Saturday-Sunday
7am-8pm

The Fitness Center’s regular hours will be in effect every day, except for the following:

Closed:
Thanksgiving Day, Christmas Eve, Christmas Day,
New Year’s Day

Closing at 6pm:
Fourth of July, Thanksgiving Eve, New Year’s Eve

Opening at 8am:
Martin Luther King, Jr. Day, Presidents’ Day,
Memorial Day, Fourth of July, Labor Day, Columbus
Day, Veterans’ Day, Day after Thanksgiving

From the Cameron Club Operating Rules and Procedures:

“All cardio equipment will have a 30-minute use time. Sign-up sheets will be maintained for each piece of equipment. Users must abide by the sign-up sheets and time limits when people are waiting. Cardio machines cannot be reserved by placing towels, keys, water bottles, etc. on the machine.”

Cameron Club Pool

The Cameron Club pool is open daily May 28 - September 5, 10:30am-8:30pm, as well as weekends in September, weather permitting. Lap swim only, 6-8am, Mondays through Fridays, excluding federal holidays. Two lanes will be reserved for lap swim only, 7:30-8:30pm, Mondays through Fridays. During normal hours, 10 minutes before each hour shall be reserved as a “break” for lap swim.

Water Aerobics

Will be back starting in July!
Classes will begin Saturday, July 9, and end on Saturday, August 27.

Aqua Jocks
Saturdays, 8am
A fast-paced, high-energy aerobics class! The instructor will provide fun resistance equipment and upbeat music. The target of the class is to exercise the cardio system while using the core muscles and extremities for an all-round workout. Cost is $68 for the eight-week session or $10 drop-in fee.

Aqua Pilates
Saturdays, 9am
Using the principles of Pilates and Yoga, this water workout will increase flexibility, improve balance and develop the muscles of the abdomen and back. Cost is $68 for the eight-week session or $10 drop-in fee.

Contact fitness@cameronstation.org for more information.
Regarding the clubhouse, the board has been considering a renovation to create additional office space. Mark Orling of Rust Orling Architecture said he estimated that construction would cost $780,000 to $900,000. He said the board must decide whether it wants to establish a construction plan and then consider cost, or design around a set budget. Andrea Davies of WTS International also attended to answer any questions about the sketch provided by WTS. She noted that WTS has completed its management contract and additional input would involve payment to WTS at its hourly rate.

A number of other requests were addressed during the Residents’ Open Forum. A resident requested that Cameron Station permit a donation box to be placed in the Cameron Club for Spirit of America, a non-profit that provides clothing, tools and other supplies to American military personnel in Afghanistan. Another resident expressed her concerns about patching for the lawn at a mid-block shuttle stop. A proposal was offered to the board to hold a bone marrow/blood drive at Cameron Station to show support for a resident who is ill. Another idea before the board was whether to sponsor a swim team program, and the board noted that such an endeavor would involve expenses and would require insurance.

The board voted to approve the following: a bid from the current janitorial company for continuation of services; use of the Cameron Club as a polling station for the next election; and a traffic diversion plan for the Alexandria West End Arts and Wine Festival 2011.

Various other items were also on the agenda. The financial report indicated that the HOA account is currently $58,000 ahead; however, the board noted that when future expenses are taken into account, this number could be misleading.

A member of the Facilities Committee reported that the cable television issue was resolved and that new signs are posted in the fitness center. A new member was added to the Activities & Events Committee. Community events, such as the Yard Sale on April 30 and the Pool Party on June 18, were mentioned briefly. The Communications Committee is working on updating the website, which will provide additional capabilities for administrators and the Board of Directors. With regard to the bowling alley development plan, progress has been made in acquiring a specific grocer, and developers have asked for an easement to connect to the sewer, as well as permission for the residents of the development that will replace the bowling alley to use the Cameron Station shuttle. Finally, the board was asked by Community Manager Airielle Hansford to consider revising the pet policy, which was drafted before Cameron Station had reached its current size.

Keeping Our Neighborhood Beautiful

By Members of the Common Area Committee

The City of Alexandria has completed its project of installing many new deciduous trees along the path in the Linear Park. As the trees grow, many of us who live, walk or exercise along that path will enjoy their beauty, as well as the summer shade they will provide.

Now is the time to begin sprucing up our landscaping for the upcoming season. Here are a few helpful hints on how to make our efforts worthwhile.

1. Weeds – Be sure to pull all the weeds that are visible. Remove old mulch from bulb beds, and refresh the mulch in other planting areas. Mulch will keep the weeds from growing.

2. Plants – When choosing perennials, choose those appropriate for Zone 6-7 on the “Hardiness Chart.” In other words, pick plants that will be able to survive our winter temperatures. When choosing annuals, choose...
Gibberman Dental
Family, Cosmetic & Implant Dentistry

The office of Gibberman Dental is excited to announce the addition of Dr. Jack Tsai to its staff. Dr. Tsai attended the University Of Pennsylvania School Of Dental Medicine. Dr Tsai is a certified Invisalign provider and his expertise encompasses all aspects of dentistry ranging from root canal treatments and oral surgery to cosmetic and implant restorations including implant supported denture fabrication. He brings a high level of expertise in the newest techniques of dentistry. Dr. Tsai will be a strong compliment to our office furthering our practice philosophy of giving your family the highest quality dental care for a reasonable cost. We treat each patient as a unique individual and we treat every case, from periodic check-ups to implants to cosmetic crowns and veneers, with a focus towards your needs. Call our office today to schedule your appointment. We look forward to hearing from our neighbors.

Office Hours: Monday thru Thursday 7 am to 7 pm
Friday 7am to 4 pm

703.823.6616
www.gibbermandental.com
Shops of Foxchase
4613 Duke Street (next to the florist)
Alexandria, Virginia 22304
In Memoriam

David G. Willingham

Cameron Station lost a true gentleman in Dave Willingham, who passed away on February 4. He lived in Cameron Station with his wife Kathleen for seven years after moving here from Springfield, Virginia. Northern Virginia has been their home for more than 30 years. Dave loved his neighbors on Murtha Street. They were very helpful to him and Kathleen when he was in hospice care during the last month of his life. Many of us remember him from parties, the Cameron Club pool and meetings of the Cameron Station Community Association and Civic Association.

A Navy Junior, Dave was born in New London, Connecticut, and moved to the Washington area during middle school. He was a 1953 graduate of St. John’s College High School in Washington and a 1958 graduate of the U.S. Naval Academy in Annapolis, from which his father graduated in 1926. Dave received two master’s degrees: in Personnel Management from George Washington University in Washington, DC, in 1962 and in Operations Research from the Naval Postgraduate School in Monterey, California, in 1971.

Commander Willingham was a career naval officer. He was in the Supply Corps for 21 years, with overseas tours of duty in the Philippines and New Zealand. While stationed in Christchurch, he supported the U.S. expedition to Antarctica. In addition to Washington, DC, he was assigned to duty in Columbus, Ohio, and Philadelphia, Pennsylvania, and was supply officer for the Naval Air Station in Millington, Tennessee. He retired from the Navy in 1979 and then became a logistician with CACI, a government contractor in Northern Virginia, where he worked on weapons systems. He was a longstanding member of the Knights of Columbus in Springfield.

Dave was 74. Survivors include his wife of 49 years, Kathleen McGowan Willingham of Alexandria; four children, Peg Willingham of Falls Church, Eileen Willingham of Canberra, Australia, Rosemary Willingham of San Diego and David Willingham of Vigo, Spain; and three granddaughters. His funeral Mass was at Blessed Sacrament Catholic Community, and his interment will be at Arlington National Cemetery.

Expressions of sympathy in Dave’s memory may be made to Capital Hospice, 2900 Telestar Court, Falls Church, VA 22042.

Dr. Seymour Z. Goldblatt

Sy Goldblatt, age 80, died peacefully at his home on Brawner Place on March 12. He and his wife Candace, married for 37 years, were original owners of their home in Cameron Station. Sy was a well-known and respected pediatrician who founded a practice, the Children’s Medical Associates of Northern Virginia, in Alexandria in 1964. He was dearly loved by his patients, their families, his staff and his colleagues. He retired in 1987 after suffering a stroke. His daughter Melissa has followed in his footsteps and now works at the same practice. At his funeral at Beth El Temple, family, friends and physicians spoke of his kind and gentle manner, his tremendous work ethic and his dedication to his young patients.

Sy enjoyed living in Cameron Station and especially loved all the light shining through his home. In earlier years he could be seen walking his dog on the streets and paths of the community. His friendliness and kindness were evident even when he could not speak clearly due to illness. His granddaughter spoke at his funeral of the love she saw shining in his eyes whenever he looked at those he loved. He will be greatly missed by all those who loved him in turn.

Memorial contributions may be made to Vitas Charitable Hospice, 5420 N.W. 33rd Ave., Suite 100, Ft. Lauderdale, FL 33309.
Plans for Waterfront and Bowling Alley Redevelopment Shared at Civic Association Meeting

By Maya M. Noronha

Twenty-five residents attended a general membership meeting of the Cameron Station Civic Association on April 7 during which two development plans were discussed. First, a city planner discussed the Alexandria waterfront plan. Second, the land on 100 South Pickett Street — currently leased to U.S. Bowling — is expected to be converted into a five-story, multi-family complex.

Faroll Hamer, Director of Planning and Zoning for the City of Alexandria, presented a plan to add five acres of open space to the Alexandria waterfront. The city, which developed this plan two years ago, has since arranged approximately 115 meetings to discuss the plan with stakeholders and boat, recreation and arts interest groups. The plan, which can be implemented in pieces, would highlight the view from the pier, create a place to dock an historic ship, showcase a large public plaza named Fitzgerald Square and encourage the construction of a new hotel and restaurants. The cost of the project is $30-40 million, which the city would generate through new real estate taxes, meal taxes in restaurants and hotel taxes. This figure does not include $8-10 million that Hamer said would be for necessary flood mitigation the city must implement anyway. As to concerns about parking, Hamer said that the city would put signs in Alexandria directing drivers to unused garage spaces, encourage more efficient valet parking and negotiate with private office building garages to open their spots to the public.

Owner Steve Bannister, counsel Duncan Blair and engineer Paul Waters presented their idea to redevelop 100 South Pickett Street by building a complex of 180 residential units with two levels of underground parking. Although he hopes to have a business center and fitness center as part of the complex, Bannister said he does not plan to have a pool. They are also hoping to have a neighborhood grocery store at the ground floor of the building. Although the city has expressed objections, they also hope to have surface parking available on South Pickett for customers of the retailers. Bannister expressed his willingness to discuss a connection between Cameron Station and a planned courtyard behind the complex. U.S. Bowling has a private lease on the property with three years left before expiration, but Bannister has negotiated early termination. The building would be 30 feet higher than the existing structure. The redevelopment is currently unnamed but is informally called “The Lanes.” Bannister said he hopes to attract more young professionals to the corridor.

Al Fresco Lifestyle (Continued from page 1)

Understandably, this caused concern among many residents. The community’s “Main Street” is especially lovely in the warm months, with tables, chairs and umbrellas at the Main Street Market, Cameron Café and Food Matters making it feel more like Paris than West End Alexandria (or at least more like Old Town or Capitol Hill). Toka Salon and Day Spa had even purchased an umbrella, table and chairs simply to add to the ambience.

So what was going on? Phone calls were placed, emails sent, questions raised, but no one seemed able or willing to explain.

Well, at press time The Compass finally got an answer. Even though the City of Alexandria had approved outdoor seating, and the owner of the retail space, Main Street Retail L.C. was in full support of it, and even though proper insurance was seemingly in place, the condo board was concerned that they would be liable if anyone fell off a chair, tripped over a table or otherwise hurt themselves in that eight feet of space that the condo association and its condo owners owned.

Cut to the happy ending. After many months of negotiation, with Kevin Brooks of Main Street Retail working on behalf of the tenants to find a resolution for all parties, an agreement was reached – with no increase in cost to any resident, condo or community association, retailer or landlord – and the umbrellas, tables and chairs were brought back out.

So cancel the flight to Paris. Don’t even think about dealing with the traffic and parking in Old Town or on Capitol Hill. Instead, take a walk over to our own lovely boulevard and grab a beverage or something to eat, or just relax outside while you wait for your salon appointment or massage. Spring has come to Cameron Station…enjoy!
those that will do well under the conditions you have in your garden. Check to see what will thrive in the sun versus the shade. Also, keep in mind the wind conditions in your area. Many plants do not do well in windy settings. Be sure to leave room around your plants, as they need good air circulation.

3. **Water** – Water your garden in the morning so that the water soaks into the soil and the leaves dry during the day, avoiding foliar diseases. Gardens need about one inch of water per week. If you have difficulty keeping track of the amount of water your garden is getting from Mother Nature and from you, hide a clean tuna can somewhere in the garden. Check it and your question will be answered. The mulch you installed will also help retain the water in your garden.

Finally ... we have a “pet-friendly” community. As such, many common areas are available for our pets to “go.” Please be sure to pick up after your pet. Also, in order to keep our neighborhood beautiful, show respect for all community members and protect our children, please avoid allowing pets to “go” in common areas designated as “No Pets Please” or on any private property. Remember – Alexandria has a leash law, and our dogs must be on leashes at all times.

Have a wonderful summer, and enjoy the beauty of our neighborhood!

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### Art Camp 2011 at Del Ray Artisans

July 25-27, 9am-4pm daily, for ages 8-14. Features projects and activities related to cultural traditions and artistic movements found throughout the world. Cost is $250 before June 1 and $275 after June 1. Information may be found at [http://www.thedelrayartisans.org](http://www.thedelrayartisans.org) or [DRA.ArtCamp@gmail.com](mailto:DRA.ArtCamp@gmail.com).

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### Mark Your Calendars for West End Art and Wine Festival

Sonia Agosto and Donna Kenley, former members of the Cameron Club & Events Committee, are bringing the Alexandria West End Art and Wine Festival 2011 to Cameron Station and Ben Brenman Park on October 8-9. There will be art vendors, handcrafters, a fashion show, a wine garden, 10-15 restaurants and entertainment, including Viki Dee, the popular performer from Cameron Station’s Tenth Anniversary Celebration. Visit [www.alexandriawestendartandwinefestival.com](http://www.alexandriawestendartandwinefestival.com) to learn more about this new West End festival.
**CAMERON STATION MARKET UPDATE**

*Courtesy of the Pair, Parker & Stockton Team*

Hello neighbors, here is an update of what our homes in Cameron Station have been selling for (1-1-2011 - 4/15/2011).

Please give me a call if I can be of assistance to you....

---

**Gil Stockton**

703-969-5089 (cell)  
202-333-6100 (ofc)  
www.gilstockton@comcast.net  
5270 Pocosin Lane

---

**Springtime in Cameron Station**
Neighbors in the News
Cameron Station is filled with interesting people doing interesting things. If you would like to be recognized in a future issue of The Compass, or if you have a neighbor you think deserves recognition, please email information to www.thecompass.org.

Sweet Shop Owner Publishes Delicious Memoir
By Pat Sugrue

If you’ve lived or worked in the nation’s capital during the past 25 years, chances are you’ve heard about, or even been to, Chocolate Chocolate, a delightful little confectionary shop on Connecticut Avenue in downtown DC. One of the owners, Frances Park, has been a resident of Cameron Station since 2008, and along with her sister and shop co-owner, Ginger, has just written a memoir of their experiences.

As Frances describes it, “CHOCOLATE CHOCOLATE: The True Story of Two Sisters, Tons of Treats, and the Little Shop That Could embraces sisterhood, the Great American Dream, the immigrant experience, amazing customers who walked in as strangers and left as friends, and a quarter century of dripping chocolate love.”

Frances’ story-writing began at age ten, and she has published many short stories along with three novels, including When My Sister Was Cleopatra Moon. She has also published five award-winning children’s books (with sister Ginger). For her work Frances has been featured on Good Morning America, NPR Weekend Sunday Edition with Liane Hansen, CNN and the Diane Rehm Show. She has spoken at the Kennedy Center, the Smithsonian, Wolf Trap and the New Executive Office Building – but, according to Frances, “my greatest speaking engagements are at schools all over the metropolitan area.”


The West End Farmers Market Is Open!
Sundays, 9am-1pm
South Parking Lot, Ben Brenman Park
See article on page 16.

Please go to www.westendfarmersmarket.org for more information.
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Bonded & Insured
West End Farmers Market Returns

By Barbara Martinez

Heirloom fruits. Cave-aged cheese. Handmade pasta. The West End Farmers Market is back, after a brush with closure last fall.

Susan Birchler, who spearheaded the effort to save the market, explained: The City of Alexandria “really didn’t want to be responsible for it.” But thanks to a group of volunteers, in cooperation with the city, the market in Ben Brenman Park reopened for the season May 8 and will continue Sundays through November 20.

“Now I have a great group of people who work with me, and it’s absolutely stunningly lucky,” said Birchler.

First, the market had to become an independent organization. Birchler approached Bonita and Lucy Bolden (Lucy lives in Cameron Station), whose Eden Good non-profit promotes healthy lifestyles through plant-based nutrition (w w w. edengood.org). It produces a line of cookies and has a cable TV show about vegan cooking. Eden Good made the West End Farmers Market its subsidiary, meaning the market did not need to become a non-profit on its own. Stop by the market to try Eden Good’s cookies and learn more about its work.

Running the market, Birchler said, is not just assigning vendors a space and cleaning up after they leave. It involves a host of legal and financial responsibilities. The market’s volunteers now include Cameron Station residents Jason Harris, a CPA, Shannon Davis Hunter, an attorney, and Nicole Gauvin, a marketing professional. Harris manages the market’s books, Hunter liaises with the city government and Gauvin manages the market’s online presence. That’s right, this year you can follow the market on its website (www.westendfarmersmarket.org), on Facebook (http://www.facebook.com/WestEndFarmersMarket) and on Twitter (www.twitter.com/knerq). You also will see more promotion of the market beyond Cameron Station.

In past years, about 850 people a week visited the market. “My goal this year is to reach 1,200 people,” Birchler said. “That gives each vendor plenty of opportunity.” The market will use vendor fees for outreach, both within Cameron Station and to other nearby communities. Gauvin said promotion will focus on what the market offers to everyone. “I have friends who say, ‘I don’t cook, why would I go to a farmer’s market?’” she said. “And I say, ‘People who don’t cook can just come for breakfast.’” Like last year, this year’s market will include vendors selling fresh baked goods, fresh-squeezed orange juice and hot coffee.

Other volunteers have stepped forward to help Birchler on Sundays. Each week, the manager on duty blocks off the parking lot, assigns vendor spaces, ensures health regulations are met, collects fees and cleans up trash. “It’s a big job and you know what? It’s really fun,” said Birchler. The vendors who come each week, “they’re like a family…. They work hard and they’re so dedicated.”

Regular market-goers will note several changes this year. The management team plans to host activities and demonstrations for adults and children. There also will be a manager’s tent each week, so stop by to thank Birchler and her team for all they do to keep the market going.
BRAC-133 at the Mark Center: An Update

By Don Buch

Recent weeks have seen a lot of activity relating to the “BRAC-133 Building” currently nearing completion at the Mark Center (I-395 at Seminary Road). A brief update:

**Move In Date:** The Department of Defense (DoD) expects to begin occupying the buildings the second week of August, with all 6,409 personnel in place by year-end. Congressman Moran has taken the lead in trying to slow that process so that significant roadway improvements can be in place before the bulk of the personnel arrive. How successful those efforts will be remains to be seen.

**Short/Mid-Term Road Improvements:** DoD has agreed to fund approximately $20 million to implement a variety of “short- and medium-term” road improvements that will be undertaken over the next 36 months. It should be noted that, even with these improvements, the Levels of Service at a number of intersections are projected to become worse than they are today. Thus, further traffic mitigation measures are being actively explored.

**Longer-Term Road Improvements:** The Virginia Department of Transportation (VDOT) is actively evaluating the cost and impact of adding a new exit ramp from the northbound I-395 HOV lanes that would rise up and “T” into Seminary Road. In the afternoon, the traffic flow would reverse, feeding from Seminary Road into what would then be southbound I-395. The Virginia state government has identified funding of the estimated $80 million cost. Currently, the required Environmental Assessment (EA) is underway.

**Inspector General’s Report:** As required by the 2011 Defense Authorization Act, the DoD’s Inspector General (IG) undertook a detailed evaluation of the “sufficiency and coordination” of various aspects of the BRAC-133 site selection process – primarily the EA and the related traffic impact analysis. The IG also undertook a detailed review of the Army’s Transportation Management Plan. The IG found serious deficiencies in both, and those concerns are currently the subject of ongoing discussions/negotiations among a variety of parties.

**Contemplated Lawsuit:** Some have suggested that the extent of the IG’s findings warrants a lawsuit against DoD. At the time of writing, it appears the City of Alexandria will not pursue such legal action but will attempt to negotiate (a) an additional DoD contribution to traffic mitigation – possibly in the form of funding a portion of the contemplated “high capacity transit corridor”; (b) a limit on the number of parking spaces that could be used until certain hurdles are met; and/or (c) delayed occupation of significant portions of the facility by the DoD until set goals are met.

**Public Art:** In April, the contemplated public art to be installed at the transportation facility at BRAC received considerable publicity. Bottom line: the $200,000 sculpture has been eliminated. It appears DoD remains willing to fund $400,000 for a wall/mural. The City Public Arts Committee (working with DoD) has narrowed the choices to four and anticipates making its final decision within the next several weeks.

**City’s Website:** Extensive additional information on these topics can be found on the city’s website at alexandriava.gov.

Don Buch is a member of the Cameron Station Board of Directors and a member of the City of Alexandria’s BRAC Advisory Group.
The Summer Diet

By Paula Jarvis

It’s almost summer, and farmers markets have opened. Walking by the tables of fruits and vegetables, you see a riot of color – lots of green, yellow, red, orange and purple. These are the colors you should see on your lunch and dinner plate, too.

Eating “colorfully” is a great guideline for a healthy diet. The color of a food is a good indication of its vitamin content. Dark leafy greens such as spinach are very high in vitamins A, C and K. Iceberg lettuce, a pale green, is woefully low. Carrots, broccoli, yams, strawberries, blueberries, green beans, spinach, squashes, peppers – all have bright color, and all are nutrient rich.

Many of us were raised on meat and potatoes, meat and rice, meat and pasta. Our dinner plates were mostly beige and brown. Vegetables were a side dish – a little pile of broccoli or a small dinner salad made of iceberg lettuce, a few pieces of tomato and cucumber. We have now learned that our diets should include many more servings of vegetables. At least 2 1/2 cups a day is the recommendation, and it’s not that hard to do! The first step is to stop thinking of your vegetables as an add-on to the meal. Make them the focus.

One easy way to have a quick and healthy summer meal is by grilling your vegetables. Try zucchini, peppers, tomatoes, eggplant, onions, asparagus, corn, mushrooms, broccoli – just about anything will work. Brush lightly or spray with olive oil, sprinkle with salt, thyme, rosemary or basil and place on the grill. You can put small pieces on a skewer, or you can cut a whole vegetable in half and place it directly on the grill. Cooking time varies from a few minutes on each side to 45 minutes for a whole potato. Grilling intensifies the flavor and keeps the heat and the cook out of the kitchen. With a wide variety of vegetables on your plate, you might not even miss the chicken, fish or beef. If you do plan to add some, keep it lean and keep your portion small while you fill up on the beautiful vegetables fresh from the market.

If you’re cooking indoors, try the same approach in the broiler, or sauté in your skillet. Select a wide variety of vegetables and chop or slice into bite-sized pieces. Heat a tablespoon of olive oil in a skillet and begin adding the vegetables, with those that will take longer to cook being added first. If you like onions and garlic, you will add them early to allow their flavor to mellow and blend. The more dense and fibrous, such as green beans, potatoes, broccoli and carrots, will take longer. Celery, peppers, tomatoes, mushrooms, onions and zucchini will cook faster. Flavor with fresh herbs and, if you wish, add a little lean protein. This kind of meal doesn’t need a starch for support, so take the opportunity to skip the rice or pasta and keep your calorie count low.

Summer is an ideal time to lighten up your diet with a focus on the seasonal fresh bounty available to us. Whether you’re shopping in the supermarket or at the farmers markets, take advantage of the produce available, featuring vegetables for your meals and fruits for snacks and desserts. If you get into the habit now, maybe you’ll carry it through to winter, feeling lighter and healthier!

Paula Jarvis is a Certified Personal Trainer living in Cameron Station.

Community Pool Party

(Continued from page 1)

Red Hot & Blue’s award-winning barbecue will be served, so bring your appetites. Please also remember to bring your Cameron Station Community Association I.D. (facilities pass) for admittance and a meal voucher. During the event, the Common Area Committee plans to recognize the winners of the Pride of Ownership awards for 2011.

VOLUNTEERS NEEDED: The committee is seeking volunteers to assist with the event. Interested individuals should email Stephenie Zvonkovich at szvonkovich@gmail.com.

ROAD CLOSURE: The pool party will take place on Kilburn Street between Cameron Station Boulevard and Medlock Lane; the street will be closed from 6pm on Friday, June 17, until 6pm on Saturday, June 18. There will be no parking in this area during that time. Any vehicles that have not been moved from the street by 6pm Friday night will be relocated. The Activities & Events Committee appreciates your cooperation!

Stephenie Zvonkovich is a resident of Cameron Station and secretary of the Activities & Events Planning Committee.
SummerQuest for Children at Beatley Library

By Mark Schwart

Alexandria Library’s Beatley Central Library (across from Cameron Station) has an amazing schedule of events for this year’s SummerQuest. Starting Monday, June 20, children ages 6 to 12 can sign up to receive their SummerQuest logs. The following week, they can begin to attend special SummerQuest events. All events occur on Wednesdays at 4pm and last up to an hour. The library respectfully requests that parents and younger children enjoy themselves elsewhere in the library during program time.

JUNE 29: Magic 4 U: Join magician Brad Matchett for another of his funny and amazing magic shows.

JULY 6: Under the Sea: Andrew Wilson presents “A Day at the Beach.” Meet some crabs and clams and learn about waves, sand and tides.

JULY 13: Bill Jenkins’ World of Music: Join master musician Bill Jenkins for music and instruments from around the world.

JULY 20: Blue Sky Puppets: The puppets present “If Pigs Could Fly” as they journey to foreign lands and present stories from many cultures – all in a very wacky and creative way!

JULY 27: Maryland Science Center: The always popular science center returns with a presentation of “Play Ball.” Find out how science and sports are connected.

AUGUST 3: Funtastic Finale: Join us for some fun! Certificates and prizes will be given out to those readers who have met their goals. (Parents and siblings may join us for this program.)

Performances by Brad Matchett, Andrew Wilson, Bill Jenkins, Blue Sky Puppets and the Maryland Science Center are courtesy of The Friends of the Beatley Central Library.

Beatley Central Library is located at 5005 Duke Street. For more information on SummerQuest and other programming for children, please call 703-746-1702, ext. 5.

Mark Schwartz is a resident of Cameron Station and the Alexandria Library Public Information Officer.
Pedestrian Safety Is a Two-Way Street!

By Suzanne Vigil

That buzz you hear in your ears is the vacuum of winter being replaced by the rush of spring. More and more residents venture out into the streets and grassy areas to shake off winter. This means an increase in human traffic running, crossing, strollering and rolling where they weren’t before.

So heads up! Put on BRIGHT colors and reflective material! Seriously, you may think you’re highly visible but you blend in with high profile vehicles (SUVs and trucks) and get caught in blind spots.

Remember that most people driving through our community are on cell phones, texting, eating, dealing with children and running late!

An ounce of prevention is worth a pound of “OMG!”

Suzanne Vigil is a resident of Cameron Station and a member of the Common Area Committee. She also created the illustration on this page and the one on page 8.

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Free Events in Cameron Station and Brenman and Boothe Parks

**Wednesday, July 6** – Free Concert – Ben Brenman Park – 7-8pm

**Wednesday, July 20** – Free Concert – Ben Brenman Park – 7-8pm

**Sunday, August 21** – Cambodian Festival – Ben Brenman Park – Noon-6pm

**Saturday, October 8** – Alexandria West End Art and Wine Festival 2011 – Cameron Station and Ben Brenman Park – 10am-7pm

**Sunday, October 9** – Alexandria West End Art and Wine Festival 2011 – Cameron Station and Ben Brenman Park – 10am-5pm

**Saturday, October 15** – Family Fall Festival – Armistead L. Boothe Park

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Support Our Cameron Station Retailers

- **Bright Start Learning Center**
  - Day Care & Preschool
  - 703-370-8414

- **Cameron Café**
  - 703-212-8211

- **Cameron Station Valet**
  - 703-823-0606

- **Food Matters**
  - 703-461-3663

- **Main Street Market**
  - 703-823-6162

- **Toka Salon & Day Spa**
  - 703-370-5133

- **Truc Mai Family Dentistry**
  - 703-461-3000 or 703-778-1221
Civil War Snapshot

By Amy Bertsch

The West End is rich in Civil War history, with the establishment of Union defenses like Fort Ward, Fort Williams and Fort Worth to protect the federal capital, the launching of a reconnaissance balloon at Cloud’s Mill and Union troops encamped along the old Little River Turnpike. A new article in The Alexandria Chronicle, published by the Alexandria Historical Society, takes a close look at what was going on at one farm near Cameron Station.

Volusia, a farm located where Foxchase apartments and shopping center are today, was home to Amelia Macrae Richards, her husband Felix Richards and more than a dozen enslaved African Americans. When the Civil War broke out, many of the Richards’ neighbors who supported secession abandoned their homes in Seminary Hills and Cameron Valley. But the Richards were loyal to the Union and they remained at Volusia.

Union troops moved into Alexandria and set up forts and camps around the town, and hundreds encamped at Volusia. Officers used the main house for their headquarters, and troops seized tons of hay, oats and corn and cut down acres of trees for firewood. Though the Richards were supportive of the war effort, they incurred significant losses at their farm. In 1863, Felix Richards obtained work with the Quartermaster, but he was in poor health and died the following year.

As the people held in slavery left Volusia to seek their freedom, at least three served in direct support of the war effort. A teenager named Jesse became a servant of a New Jersey officer, but the young man died at Harrison’s Landing in the summer of 1862. Brothers David and Wilson Hughes enlisted in the U.S. Colored Infantry in 1864 and served with Unassigned Company A until the war’s end.

Read more about the Hughes brothers, the Richards family and the troops who encamped at Volusia in the Alexandria Chronicle article online at http://www.alexandriahistorical.org/chroniclearchives.html.

Amy Bertsch is a member of the board of the Alexandria Historical Society.
Cameron Station
Book Clubs

For those of you reading with the book clubs, here are the current selections:

Monday Night Bookball
May: Hotel on the Corner of Bitter and Sweet by Jamie Ford
June: Harry Truman’s Excellent Adventure: The True Story of a Great American Road Trip by Matthew Algeo
July: Who Will Run the Frog Hospital by Lorrie Moore
August: Day After Night by Anita Diamant

Reading Between the Wines
May: Winter Garden by Kristin Hannah
June: The Joy Luck Club by Amy Tan
July: The Girl in the Blue Dress by Gaynor Arnold

ALIVE!
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Food Distribution
8:30am-11:30am
Saturday, May 28
Saturday, June 25
Saturday, July 30
Saturday, August 27

Church of the Resurrection
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(Take 395 north to Seminary Road west, right on Beauregard, right into parking lot.)

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A Bit of This and That

Following is an index to where some of the recurring “housekeeping” information can be found. All back issues of *The Compass* and current shuttle bus schedules are available on the community website at www.cameronstation.org.

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Earth Day Celebration in Ben Brenman Park, April 30

Education, entertainment and fun – including a fashion show by children dressed in recyclable materials – were all part of Alexandria’s annual Earth Day Celebration.

Recorder Concert at Tucker Elementary

Third graders at Samuel Tucker Elementary School play their recorders for and with a Recorder Consort out of George Mason University, in a concert arranged by Cameron Station resident Joan Smith, a member of the Consort.
At the April 13 Main Street Condo Association Social, attendees enjoy food from Walker’s Grille. (See restaurant review on page 31.)

“Our Neighbors Recommend”

Vendor List on Website Only

The list of contractors recommended by neighbors can be found on the community website, www.cameronstation.org. If you would like to submit recommendations for this list, please email thecompass@cameronstation.org.

Vendor Complaints

If you have used a recommended vendor and have a complaint to make, please send an email describing your concerns to the community manager at ahansford@cmc-management.com; she will keep a copy on file. Any resident may have access to the file.

West End Farmers Market
EVERY SUNDAY
9am – 1pm
Ben Brenman Park

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Freshly picked, local vegetables and fruits
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Thanks for the Photos

We encourage residents to submit photos they take around Cameron Station or at community events to The Compass. You may send them electronically to thecompass@cameronstation.org. Or you may provide prints, which we can scan in and will return to you. We do ask that you “self-select” your best photos before sending.

Please Drive Carefully!
Cameron Station Speed Limit is 25mph.

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It’s Easy to Find the Shuttle Bus Schedule

Just go to the Cameron Station website, www.cameronstation.org, and you’ll find the link to the shuttle bus schedule at the top of the home page. Please remember that the shuttle bus does not run on federal holidays.

Committed to serving only the freshest and finest local and seasonal ingredients, Food Matters offers a unique dining experience sure to please every palate.

Hours of Operation

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Tues. - Kids Eat FREE.
Wed. - All You Can Eat Pasta Night.
Live Music.
Sat. and Sun. - Brunch.

Main Street Market 🌟

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*Sat 8:00AM–8:30PM
*Sun 9:00AM–8:00PM
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To Search Homes, or for more information, visit: WWW.KFOLEYHOMES.COM

Classified Ads

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HIKING ENTHUSIASTS IN CAMERON STATION - If you are interested in hiking with fellow Cameron Station residents on the weekends, please contact Audrey by phone at 202-402-3532 or by email to audrey.roh@hud.gov.
### Carla’s Picks

**By Carla Besosa**

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<tr>
<td>June 8</td>
<td>Janna Audey</td>
</tr>
<tr>
<td>July 8</td>
<td>Janna Audey</td>
</tr>
<tr>
<td><strong>Wolf Trap</strong></td>
<td></td>
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<tr>
<td>July 6</td>
<td>k.d. lang - Incredible voice!</td>
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<tr>
<td><strong>Birchmere</strong></td>
<td></td>
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<tr>
<td>June 3</td>
<td>Shawn Colvin - Folk/Rock</td>
</tr>
<tr>
<td>June 27</td>
<td>Kenny Loggins – Yes…of Loggins &amp; Messina</td>
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<tr>
<td>July 7</td>
<td>Down to the Bone – Jazz Funk</td>
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<tr>
<td><strong>Verizon Center</strong></td>
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<tr>
<td>June 22</td>
<td>Sade with John Legend</td>
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<tr>
<td>July 27</td>
<td>Josh Groban</td>
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<tr>
<td><strong>Studio Theater</strong></td>
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<tr>
<td>Opening July 13</td>
<td>POP! – Who Shot Andy Warhol?</td>
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<td></td>
<td>Musical murder mystery</td>
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<td><strong>Atlas Theater</strong></td>
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<tr>
<td>June 11</td>
<td>Past Present Future – Challenges perceptions, attitudes and the words used to describe what it is to be “normal”</td>
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<td><strong>Del Ray Artisans Gallery</strong></td>
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<td>June 3</td>
<td>Opening Reception – Drawing Inspiration from the Figure</td>
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<tr>
<td><strong>Alexandria Art Market (Del Ray)</strong></td>
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<tr>
<td>June 4</td>
<td>Janna Audey performing</td>
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<tr>
<td>July 2</td>
<td>Mike Durham performing</td>
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<td><strong>And Another Thing...</strong></td>
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<tr>
<td><strong>Strategic Sunset Spot:</strong></td>
<td>McLoone’s Pier House at National Harbor</td>
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<td>McLoone’s sits right on the water and has a well-positioned deck and a wonderful bar where the clock on the wall is programmed for sunset countdown. Just right across the river and a great spot for sunset on the Potomac (while consuming Buffalo Chicken Won-Tons)!</td>
<td></td>
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Advertising & Submissions Policies & Procedures

Advertising:
The Compass newsletter is published bimonthly. Advertising space is filled on a first-come, first-served basis, and the ads published in each issue are solely at the discretion of the newsletter staff or Communications Committee. Only one ad per advertiser per issue is permitted. Ads must be submitted NO EARLIER than the 15th of the month preceding issue date and no later than the 30th (August 15-30 for September/October; October 15-30 for November/December). Payment must accompany all ads. Artwork must be camera-ready: 65 line screen or 300 dpi. ELECTRONIC SUBMISSIONS ARE PREFERRED. Advertisers will receive a copy of the printed newsletter in which their ad appears. Estimated (not guaranteed) time of delivery to residents is last week of first month of issue or first week of second month (last week of September/first week of October for September/October; last week of November/first week of December for November/December).

Article Submissions:
Any submissions for publication must include writer’s name, address and phone number and must be received by the 30th of the month preceding issue date (August 30 for September/October; October 30 for November/December). The newsletter staff, Communications Committee or Board of Directors reserves the right to edit submissions for typos, length, tone and content. They will also determine the newsletter to be “full” at their discretion. Articles are to be factual and of public interest. Editorial content may be deemed inappropriate at the discretion of the newsletter staff, Communications Committee or Board of Directors. Photographs submitted will be returned to sender if accompanied by a self-addressed, stamped envelope.

Advertising Rates:
Display Ads (Camera-ready)
1/2 page .......................................................... $220
(horizontal: 7” x 4 ½”;
vertical: 3 ½” x 9 ¼” )
1/4 page (3 ½” x 4 ½”). ...................... $135
1/8 page (3 ½” x 2”). ...................... $110

Classified Ads (Limit 35 words)
Resident ......................... $5
Non-resident ......................... $25
Lost & Found, Carpool, etc. .... Free

Checks should be addressed to Cameron Station Community Association and sent with camera-ready artwork to Community Manager, 200 Cameron Station Boulevard, Alexandria, Virginia 22304. Artwork may be emailed to assistantmanager@cameronstation.org.

Note: The included advertisements, articles or references to websites of third parties do not indicate an endorsement by Cameron Station Community Association, Inc. and are not verified for accuracy. The Compass will not be responsible for poor ad reproduction due to the quality of the material provided by advertisers.

Cameron Station Community Website Accepting Ads
The Cameron Station website, www.cameronstation.org, is accepting advertising. Advertising space is limited and is filled on a first-come, first-served basis.

Ads will be scheduled to start on Mondays and will run for 28 days.

Ads are published on the site solely at the discretion of the Cameron Station Community Association Communications Committee.

For complete information, including closing dates, rates, material specifications and payment, visit www.cameronstation.org.
Walker’s Grille

By Carla Besosa

Walker’s Grille

is a hidden treasure!

Don’t let the location fool you. Although it is located in an office building off Beulah Road, Walker’s Grille is a force to be reckoned with among local restaurants.

It may be the “new kid on the block,” but it is quickly making a name for itself. The owners subscribe to green design strategies: they use practices and equipment that will effectively reduce the restaurant’s carbon footprint while supporting local growers and promoting organic food and healthier foods choices. Their chef, David Saffell, provides creatively concocted culinary creations (love the alliteration!) aesthetically presented. Servers are friendly and knowledgeable, and the owners, managers and bartenders are welcomingly interactive with the clientele.

I would recommend starting with the Fried Prosciutto Wrapped Smoked Mozzarella Caprese. This is crowned with a combination of grape tomatoes, olive oil, roasted garlic, fresh basil and a balsamic reduction. The Frites are also quite a treat, sprinkled with sea salt and herbs and served with homemade roasted tomato ketchup, roasted garlic and truffle aioli and a malt vinegar/black peppercorn sauce for dipping. The Grille’s Creamy Crab & Shrimp Dip is also a good choice and very flavorful.

As a dinner entrée, my Port City IPA Fish & Chips was one of the best I’ve ever had. The fish was so tender I had difficulty keeping it on my fork, and the battered coating was exquisite. The Chicken Francaise was also a big hit with me – tender scaloppini of chicken served atop a delightful tasty mixture of fresh linguini (the real stuff!), baby spinach, sun-dried tomatoes, roasted artichoke hearts and cremini mushrooms in a white wine garlic butter. I had them hold the mushrooms for me, which brings me to another point – they are very accommodating about adding to or subtracting from your dish to comply with any special wishes you may have.

The Spinach & Arugula Salad, with roasted beets, mandarin oranges, grilled fennel, glazed cipollini onions, walnuts and peppered goat cheese in a honey-balsamic dressing continues to receive rave reviews.

The dessert spread will daze and amaze you with selections that include such delicacies as Apple Beignets, Frozen Pistachio & Coconut Soufflé and Mixed Berry Dumplings. And for those of us without a “sweet tooth,” I am thrilled to report that Cheese Board selections are also available for dessert.

I have not yet ventured into the brunch realm but am brimming with anticipation over the Pain Perdu – brioche bread hand-dipped in a Grand Marnier batter, encrusted in corn flakes and topped with maple-vanilla crème Anglaise.

With a well-stocked bar, the sky’s the limit for libations, but I remain quite satisfied with Port City Brew on tap and Allan Scott Sauvignon Blanc.

The patio is expansive. There are umbrellas near some of the tables so that one is able to choose between sun and shade; and live music is slated to be on the agenda. What fun! They do catering as well and did an excellent job of struttin’ their stuff at a recent social sponsored by the Main Street Condo Association. (See page 25.)

All in all, Walker’s Grille’s got it goin’ on! Be sure to check it out. Tell them you are a new recruit from Cameron Station!
Help us go greener...
Please recycle this newsletter.

Newsletter of the Cameron Station Community Association, Inc.