

The ompass

Newsletter of the Cameron Station Community Association, Inc.

Volume 17 Issue 1 • Jan./Feb. 2016

Operation Gobble Gobble

By Donna Kenley

On November 20, for the sixth year in a row, the Cameron Station 55 Plus Networking Group (the Networking Group) collected food for the families of less fortunate Tucker Elementary School students as part of its Annual "Operation Gobble Gobble Gift Bags" program. Thanks to the generosity of Cameron Station donors, the Networking Group collected over \$1,500 worth of gift cards, money, and food donations this year, which filled grocery bags for 39 school families during the Thanksgiving season. Networking Group members Donna Kenley and Sharon Godfrey presented the filled grocery bags to Tucker Elementary School representatives Karen Morisato (Social Worker) and Rebecca Davidson (Counselor).



[Photograph by David Thorpe]

* David Thorpe and Irina Babb (Realtors) supported the event.



We'll Miss You, Jamie!

By Carla Besosa

There's one less smile to grace the streets of Cameron Station, as we mourn the recent loss of Jamie Kendall. On November 12, Jamie left us after sharing her magnificent outlook with us for 14 years.

An inspiring example to us all, Jamie was a born leader. She lived every single moment to the fullest, with boundless energy and a positive spirit. Jamie touched many lives as she drove her motorized scooter around Cameron Station on what she called "dog walks", with her dogs riding shotgun. Greeting everyone with a smile, she made friends wherever she went.

Jamie was a fierce advocate for children and people with disabilities. She also enjoyed a successful career at the highest levels of Federal Government.

Originally from Michigan, Jamie joined Cameron Station in 2001 with her husband, Tim Dombro. I would often run into Jamie in our coffee shop, restaurant, and at various Cameron Station events, and her love of this community was always apparent. She quickly became my favorite karaoke partner; in fact, she was the most enthusiastic participant I had ever seen.

Jaime's glowing spirit, sense of humor, intellectual depth, and limitless devotion to compassion and fairness drew the admiration of many. Her analytical problem-solving and determination helped change the world for the better, and we are fortunate to have had such a positive force in our neighborhood and our lives for so many years.

Cameron Station will greatly miss this amazing ray of sunshine, but her light burns brightly in the hearts of family, neighbors, and friends.

Former Resident Comes “Home” to Cameron Station

By Debbie Routt

When Cinda Randall was a young girl, living with her military family – first at Alexandria’s Fox Chase apartments, then later in Fairfax County – she regularly shopped with her mother, brothers, and sister at the Cameron Station Commissary.

The Cameron Station Commissary was a sprawling supply facility and discount grocery store for the military. It was described as “one of the busiest supermarkets in the world,” with annual sales estimated at \$31 million – not bad for an outlet that was open only during daytime hours Monday through Friday. Only the commissary at Fort Belvoir was larger: it was “the king of the Army’s 178 worldwide commissaries,” with over \$64 million in sales for the year ending 1988. By comparison, the average Giant Food store in the DC metropolitan area posted \$18.5 million in annual sales as of May, 1988. Similarly, Safeway Stores posted \$11.4 million in annual sales for roughly the same time period. When Cameron Station Commissary was slated to close, there were 431 total military commissaries worldwide, with over \$5 billion in sales, representing the world’s seventh largest grocery “chain.”

Cameron Station Commissary’s draw was its low prices: shoppers routinely saved 25% - 30% as compared to the checkout counter tab at these competing retailers. In 1988, the Cameron Station Commissary, along with all other military commissaries, enjoyed a subsidy of \$742 million from Congress, which enabled them to sell everything at cost, plus a 5% surcharge to cover overhead expenses. The estimated \$1.8 billion annual difference between commissary prices and supermarket prices served as a pay supplement for military families.

For seven years, from 1965 to 1972, Cinda and her family drove their Plymouth Valiant station wagon, with no seat belts, but with its own novel push-button dashboard

transmission, to Cameron Station for their grocery shopping. “I loved going there. It was a very fun outing. All four of us would jump in the car with mom, and keep her company while grocery shopping. Off we’d go!”



“The whole place felt like the *The Jetsons*,” recalls Randall. She’s referring to the animated sitcom produced by Hanna-Barbera, which originally aired on Sunday nights on ABC. “Cameron Station was a huge commissary, but then again, I was young, and small. It seemed very futuristic. The buildings were massive, with sharp angles everywhere. There were big glass windows along the front. It had an open ‘feel’ to it. There was a lot of light inside. When you finished shopping, you checked out at the cashiers’ stations inside; they gave you a card with your purchase number on it. Then your groceries were loaded from the check-out area onto a conveyor belt. That must have been the way to move product at that time.”



(Continued on page 4)

About . . . *The Compass*

The Compass is the newsletter for the Cameron Station Community Association and is run entirely by volunteers.

The Compass welcomes your articles and photo submissions, as well as your suggestions for future issues.

Please send us an email at TheCompass@cameronstation.org.

Previous issues of *The Compass* are available online at www.cameronstation.org.

Go under the "News" tab on the home page and click on "Community Communications" on the left hand side.

Editor in Chief: Eric Veres

Editorial Staff: Carla Besosa, Judy Coleman, Lily Engle, Scott E.Z. Franklin, Nicole Gauvin, Maya Noronha, Jamie Riedy, Debbie Routt, Pat Sugrue, and Melanie Zimmerman

Recurring Contributors: Susan Birchler and Paula Jarvis **Photographer:** David Thorpe

www.cameronstation.org

Committee Corner

HARD AT WORK ON BEHALF OF OUR RESIDENTS

BOARD OF DIRECTORS

(boardofdirectors@cameronstation.org)

Michael Johnson – President

Jon Dellaria – Vice President

Stephanie Bibighaus – Secretary

Megan Brock – Treasurer

Donna Kenley – Director 1, Facilities Comm. Liaison

Rodney Gray – Director 2, Common Area Comm. Liaison

Brian Sundin – Director 3, Architectural Review Comm. Liaison

Meetings are the last Tuesday of every month,
unless otherwise indicated.

CSCA COMMITTEES

ACTIVITIES & EVENTS PLANNING COMMITTEE

events@cameronstation.org

Radhika Goel – Chairperson

ARCHITECTURAL REVIEW COMMITTEE

arc@cameronstation.org

Elizabeth McAlee – Chairperson

CAMERON CLUB FACILITIES COMMITTEE

facilities@cameronstation.org

Ray Celeste, Jr. – Chairperson

COMMON AREA COMMITTEE

commonarea@cameronstation.org

Robert Burns – Chairperson

COMMUNICATIONS COMMITTEE

communications@cameronstation.org

Kimberly Dillon – Chairperson

FINANCIAL ADVISORY COMMITTEE

fac@cameronstation.org

Jeff Gathers – Chairperson

Call Johnny - Reliable CS Neighborhood Painter for 12+ years
FREE ESTIMATES - Residential Specialist:
Interior and Exterior Painting,
Power Washing,
Deck Cleaning/Sealing and Composite Install,
Closet/Bathroom remodels & MORE!
Bernuy Painting - 703-629-0775

VA • DC • MD



Bernuy Painting
Commercial & Residential,
Interior/Exterior Painting
& Handyman
Licensed & Insured,
FREE ESTIMATE



RESIDENTIAL SPECIALISTS: INTERIOR / EXTERIOR PAINTING
• Satisfaction Guaranteed • Expert Preparation • High Quality Materials
• DECK CLEANING & SEALING • HOUSEWASHING

We accept checks or any of the following credit cards: 


Tel: 703-629-0775
bernuyco@hotmail.com • www.bernuycontracting.com

Are You "In-the-Know?"

Cameron Station Grapevine:
[www.facebook.com/
CameronStationGrapevine?ref=br_tf](http://www.facebook.com/CameronStationGrapevine?ref=br_tf)


Cameron Station Dads:
[www.facebook.com/
groups/600554456725854/?ref=br_rs](http://www.facebook.com/groups/600554456725854/?ref=br_rs)

Cameron Station Community Association Inc.:
[https://www.facebook.com/Cameron-
Station-Community-Association-Inc-
183570388335041/?fref=ts](https://www.facebook.com/CameronStation-Community-Association-Inc-183570388335041/?fref=ts)



**CAMERON STATION
GRAPEVINE**

Daily News, Future Events, and Photos of Everything Cameron Station!

Please  Like us on Facebook!

Former Resident Comes “Home”

(Continued from page 2)

“We’d watch our Cheerios and Lucky Charms boxes travel in their bags down the conveyor belt. Then we’d go get our station wagon, drive around back, and watch over the back seat bench for our bundles to re-appear on the conveyor belt at the pick-up. We’d think to ourselves ‘Maybe those next bags will be ours...maybe!’ Then when we’d see our groceries arrive, we’d turn in our numbered card, collect our groceries, and take them home.”

Once Cinda and her family moved away from Northern Virginia, she really wasn’t aware of, nor did she follow, the base realignment and closure stories that made the news. When the Department of Defense’s cost-cutting plan was announced in December, 1988, a Pentagon commission report stated that the 120-year-old Cameron Station complex was “old and inefficient,” and its closure would save taxpayers over \$13 million per year.

Just three years ago, Cinda relocated from Florida to Northern Virginia with her fiancé, Mark Gustafson. He suggested they look for a place to live at Cameron Station, and the name triggered a memory for Cinda. She told him “That can’t be; it’s an army base where we used to shop at the commissary.” But together they went online and learned that the base had, in fact, closed, and the area was a new residential community in Alexandria’s West End. Representatives of the Army and the City of Alexandria ceremonially lowered the flag for the last time and locked the gate at Cameron Station in September 1995. The first residences opened in 1999.

Now, when she walks her dogs, Scarlet and Buddy, Cinda can see signs of the old complex from subtle reminders, like the Norfolk Southern railroad tracks and cutoff spurs. She remembers the total hustle and bustle of a reported 40,000 military staff and families all shopping at Cameron Station every month. And she can see the 18 commissary checkout counters in her mind’s eye, like it was yesterday. She’s glad the name was preserved, since it directly helped her “reconnect” with her past. “I told my four kids about the Commissary. I’ve told my friends, and I’ve told people that I know who are getting ready to move here. This area has a great history; I’m glad that we can still hold on to that. I’d like to know more and read about it.”

The “old” Cameron Station was a massive installation on 164 acres, with administrative space for 337 military and 4,355 civilian personnel. Today, it has evolved into a community of roughly 1,800 homes, townhomes, and condominiums, all bordered by City of Alexandria’s parks, with street signs honoring its military past. More than ever, Cameron Station is a place where all residents can enjoy “coming home,” especially after grocery shopping.

For more information on the history of Cameron Station Commissary, see http://www.usace.army.mil/Portals/2/docs/history/BRAC_History-Text.pdf.

If you have other memories of your time in or around Alexandria’s West end, send them to TheCompass@CameronStation.org.



Upgrading by Downsizing: Lessons Learned Trading Two Homes for One in Cameron Station

By Saul Schwartz

After becoming engaged, my fiancée and I knew we had to downsize. We each owned single-family homes – one in Burke, Virginia, and one in Germantown, Maryland – but with four daughters in their 20s, we no longer needed a lawn for children to play in (or for me to mow). As such, we decided to hang up the rake permanently, and look for a townhouse to buy as we prepared both of our individual homes for sale.

Step 1: Finding a Community

The first thing we needed to do was find the neighborhood where we wanted to live. A work colleague had suggested Cameron Station, so over a series of weekends, we sat around the local coffee shop and walked through the community streets as we browsed Open Houses. We chatted with residents – many of whom had lived here for years – and quickly discovered that all were friendly and loved living here.

Ultimately, we decided upon Cameron Station based on a number of factors that resonated with us, most importantly:

- Location – The neighborhood is close to our jobs (e.g., a relatively easy commute through accessible, nearby major roads); is not far from our desired leisure activities (in Alexandria, Arlington, and DC); and has no shortage of nearby shopping. Within the community, the noise level is low and the traffic volume is light.
- Amenities – We sought a community with paved bike paths, an extensive fitness center, a large pool, and clean parks.
- Homeowners Association – After enjoying the benefits of the HOA for Waters Landing in Germantown, Maryland, I sought a community with an HOA to help maintain the neighborhood in an attractive way and to avoid eccentric property owners who might detract from the community's overall appeal with non-conforming structures. I also appreciated that the HOA fee covered trash and recycling collection, snow removal, and the maintenance of common areas. The HOA ensures that the streets are well-maintained and well-lit at night.
- Social Activities – A number of neighborhood clubs and community activities provide an opportunity for us to meet like-minded neighbors with common interests.

- Safety – We wanted to feel at ease walking around at all hours. The crime rate in Cameron Station is very low.

Step 2: Finding a Real Estate Agent

We checked out a few other Alexandria communities to compare them with Cameron Station. After determining that we had picked the community we loved, we selected a real estate agent who had experience with the neighborhood.

The most important expertise our agent provided us included:

- Pricing Information – In the age of the Internet, it was easy to obtain basic information concerning sales of comparable homes within the community, but we needed someone who had experience with Cameron Station real estate to tell us whether a specific home was overpriced, underpriced, or priced just right. Our agent went above and

(Continued on page 8)



HomeCleaners4YOU
COME HOME TO A CLEAN HOUSE

The Leading Cleaning Company Working in Cameron Station Now

- Clean Kitchen Sinks/Counters
- Clean Inside Microwave
- Clean Outside of Appliances
- Wipe Cabinet Doors
- Clean Table & Chairs
- Mop/Wax Tile Floors
- Make Beds & Change Linens
- Remove Trash
- Vacuum All Carpet Areas
- Remove Cobwebs
- Sanitize Bathroom Fixtures
- Clean & Sanitize Tubs & Showers
- Polish Chrome Fixtures
- Wash Bathroom Floor
- Dust Sills, Ledges & Baseboards
- Dust Furniture/Shelves/Pictures

Our Supplies & Our Equipment Bonded & Insured

After the First Cleaning, 2nd Cleaning is **FREE** (Limited to New Weekly & Bi-Weekly Customers Only) **\$20 OFF** Move In/Out & One Time Cleanings

Call for a FREE phone estimate
703-256-1288
Monday-Friday 8:00am-4:00pm
Please leave a message at all other times
www.homecleaners4you.com

MAIN STREET RETAILERS

T O K A

salon and day spa



www.tokasalon.com

4907 Brenman Park Dr.
Alexandria, VA 22304

(703) 370-5133

Open Tuesday - Sunday

- Botox and Dermal Fillers
- Hammam-Inspired Body Treatments



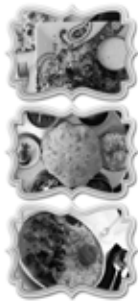
4920 Brenman Park Drive Alexandria, VA
Tel: (703) 370-8414 Fax: (703) 997-0487
www.bright-start.org



www.LondonCurryHouse.com
Tel: 703-419-3160
facebook.com/LondonCurryHouse

7 days Lunch Buffet
Happy Hour 5 to 9pm
Community Happy Hour Every Friday

191 Somerville St
Alexandria, VA 22304



GoGreen Cab, Inc.

703-212-2000

www.GoGreenTaxicab.com

We are located inside Cameron Station.

We service all Major Airports:
Reagan National (DCA), Dulles International (IAD),
and Baltimore Washington International (BWI).

Call us for your next 100% Hybrid Taxicab Ride!
We are Saving the World One Trip at a Time!

*Give this Ad to the Driver
to get Special Discount!!*

Thanks for Saving the World Today!



4917 Brenman Park Drive, Alexandria, VA 22304

MAIN STREET RETAILERS



**Painless Laser Dentistry
Same Day Crowns
Genuine, Attentive Care**

181 Comay Terrace
Alexandria, VA 22304
(Behind the Coffee House)

Tel: 703-461-3000
www.MaiDentalTeam.com

CAMERON CAFE COFFEEHOUSE

Always *Hot* & Always *Fresh* Coffee!

Try our Seasonal House Specials:

Irish Cream Latte
Caramel Mocha
Wedding Cake Latte



4911 Brenman Park Dr
Alexandria, VA 22304

Hours
6AM - 6PM MON - FRI
8AM - 5PM SAT & SUN

Main Street Market ☺

4901 Brenman Park Drive, Alexandria, VA 22304

Tel: (703) 823-6162

An Upscale Selection of Beer & Wine

Groceries, Deli Sandwiches

Fresh Milk, Eggs & Bread

Dunkin Donuts Coffee

Cappuccino, Latte, Espresso & Hot Chocolate

Smoothie, Fruit Tea Blast & Blended Ice Coffee

More than 30 Flavors of Ice Cream

Greeting Cards

***Mon-Fri 7:00AM~8:30PM**

***Sat 8:00AM~8:30PM**

***Sun 9:00AM~8:00PM**

CAMERON STATION DRY CLEANERS

- **Drapery & wedding gowns**
- **Household items**
- **Suede & leather services**
- **Alterations**
- **Embroidery & Monogram**
- **Same day service with no extra charge !!** ☺



♪ **STORE HOURS** ♪

MON-FRI 7AM-7PM
SAT 8 AM- 6PM

4903 BRENNAN PARK DR.
ALEXANDRIA, VA 22304
Tel: 703-823-0606

WE CLEAN
YOUR
GARMENTS
WITH
ECO-FRIENDLY
PROCEDURE!

....

Downsizing

(Continued from page 5)

beyond, providing detailed information about specific pricing histories, a comparative evaluation between HOA fees and condominium fees, and information about why the prices of similarly situated homes can differ (e.g., certain streets are farther away from community entrances than others). Ultimately, we were convinced that in the long run, it was more cost-effective for us to buy a townhome than a condominium.

- A Conduit to Resources – Our real estate agent recommended an exceptional, independent home inspector who meticulously inspected the home and provided us with a detailed report. In addition, the inspector walked around the townhouse with us to explain the workings of various systems, including how to work the fireplace. While the 15-year-old house was mostly problem-free, our agent provided good advice on what repairs we might reasonably request of the seller. Our agent also gave us a list of local contractors for repairs, home maintenance, and upgrades.
- Helping Us Prioritize Needs and Wants – Buying a home for the first time in decades was a big deal for both of us. We worked with our agent to specify exactly what we absolutely needed in this house, and what was desirable but not required. Our priorities did shift as we saw more and more homes.

In June 2015, we ended up buying a townhouse in Cameron Station before we sold either of our single-family homes. Having found and purchased a townhouse that met all of our must-haves, it dawned on us that we now owned three houses unexpectedly, and needed to quickly switch gears to sell our single-family homes, so as not to overextend ourselves financially.

Step 3: Selling the Home in Northern Virginia While We Still Lived There

Selling any home is no small feat, and as we learned, selling a home while you are still living in it has its own unique challenges. But with two more homes in our portfolio than we desired, we began the process of preparing our Burke, Virginia, home for sale while my fiancée, our cat, and I were still living there. This process involved battling the entropy of every-day life so that the house was show-ready each weekend, and engaging another real estate agent with expertise.

Preparing the Occupied Home for Sale

After years of living in a home, de-cluttering is a significant task. We made a series of charitable donations, including books to the Fairfax County libraries and clothing to Purple Heart. Given the dimensions of our relatively small, single-family home, we knew it was important to make the rooms appear larger. Accordingly, we sold several large items of furniture and accessories on Craigslist for modest amounts of money in order to make the rooms appear more spacious. For showing purposes, we kept a limited amount of furniture in place that would eventually be moved into our townhouse or sold to the buyer. We also held a two-day yard sale in an effort to further reduce clutter, but found that most prospective buyers were only willing to pay very small amounts of money for flea market-type items.

We spent a great deal of effort cleaning the home prior to each showing. We also purchased a new welcome mat, laid fresh mulch, and “planted” two artificial bushes in front of the house to enhance curb appeal. In addition, we hid all personal items and clutter in cabinets or under beds during each showing. We hired a handyman to paint over several brightly colored rooms with more neutral colors and to make a few minor repairs. With sufficient notice, we made every effort to vacate the house during each showing, which meant taking our cat on a number of day-cations. We figured that this was a value-added strategy, since an unpleasant encounter with Frankie could scare even the most enthusiastic potential buyer.

Working With a Real Estate Agent

Emulating our strategy for choosing an agent to help us buy in Cameron Station, we chose a realtor from a large real estate office that had “For Sale” signs throughout the neighborhoods in Burke. The best parts of our experience were:

- Pictures – The pictures were very professional, with nice displays of the living space in each room and photos of the exterior that demonstrated curb appeal. The pictures were really important to market the house, as they were used for the online virtual tour, the flyers in front of the house, and on various Internet sites.
- Marketing – The agent’s marketing was extensive. Our listing was placed on the multi-listing service and on many Internet sites. In addition, the agent coordinated several Open Houses. As a result, a large number of showings and Open Houses attracted many potential buyers. Contracts came in quickly, and the house was sold soon after it went on the market. (Continued on page 9)

(Continued from page 8)

Despite these strengths, we were disappointed by a number of aspects of our dealings with this real estate agent, who sometimes deviated from the professionalism exhibited by the agent who helped us buy our townhouse in Cameron Station. Specifically:

- Tardiness – At one Open House, the real estate agent did not arrive on time. We felt this was simply inexcusable.
- Lack of Communication / Visibility – We did not know in advance that our real estate agent, with whom we had been working for weeks, would not be personally attending each Open House. We had concerns as to whether the agent who did cover the Open Houses had the same level of knowledge about the house as our primary agent.
- Lack of Preparation / Thoroughness – When we first met with the real estate agent to price the property, we were provided with only three comparable homes. Of these three, only one was a similar model in the community. We forced the agent to do more homework, and only then did we agree on the true market value.

Despite hours of preparation, tedious details, and minor setbacks, we successfully sold the Burke house in June 2015 – within a month of its going on the market. My fiancée worked very hard with several contractors to address the items on the inspector’s list that we agreed to fix for the buyers, and the deal was done.

Step 4: Selling the Empty House in Maryland

With only one too many homes to our name, our next and final feat was to sell our house in Germantown, Maryland, which meant crossing the Potomac River on a regular basis to prepare the vacant home for sale. I use the term “vacant” loosely, since one day when the home was on the market, my real estate agent informed me that a four-foot black snake had slithered its way into the basement through a dryer vent and scared off a potential buyer. Needless to say, this experience gave me yet another incentive to sell the home.

After 30 years of living in this house in Waters Landing, we had a huge task ahead of us. I allowed my eldest daughter and her fiancée to take the furniture they wanted to their newly purchased townhouse in Gaithersburg, Maryland. I spent hours sorting what was left into potential charitable donations and trash. It was hard to believe how many tangible items we had collected over the years – thousands

of books and reams of papers. After the house was de-cluttered, we hired professional cleaners to clean the whole house, with a special emphasis on carpets and windows. Additionally, we applied a fresh coat of white paint throughout most of the house to give it a fresh look. To update some of the 1980s features, we replaced the kitchen countertops with granite and added contemporary knobs to the kitchen cabinets. I replaced all the switch plates in the home, and we added a modern dining room chandelier.


Because we lived an hour away, and no one (aside from the occasional reptile) was living in the home, the selling process involved some different considerations than those involved with selling our Virginia home, including:

- Furniture – In rooms that had no remaining furniture, the real estate agent provided staged furniture – free of charge – to better show off the purpose and function of the room.
- Mechanics of Showings – Since we were not living in the house, I did not need the agent to provide me with advanced notice of showings.
- Insurance Considerations – My home insurer provided me notice that they would cancel my home insurance if the house did not sell within a specified period.

Most weeks, I spent a day at the house mowing the lawn and trimming bushes and trees to help improve the property’s curb appeal. We went around the house making sure that real estate agents had put down toilet seats, closed doors, etc., after each showing.

In working with a Maryland real estate agent, we learned some important lessons about the differences in the two real estate markets, as well as differences in the same market during different times of year. First, the sellers’ market in upper Montgomery County, Maryland, does not compare to the market in Northern Virginia, where there is a much higher demand for real estate. In addition, the fall market in any location is less active than the summer market; once families were back in the school routine, the number of showings decreased dramatically. Moreover, we learned that it was the resources we spent on high quality pictures and Internet advertising that drew potential buyers in; the Open Houses were more geared toward educating other real estate agents about the property, which has its own value.

(Continued on page 10)



**INSPIRED BY FOODS FOUND IN CITIES
ACROSS AMERICA WITH A TOAST TO
THEIR CRAFT BREWS, WINES AND SPIRITS**

**Menu favorites include our:
Crab cakes, roasted duck, scallops,
stone oven thin crust pizzas**

*Valentine's Day menu coming soon!
And join us for St. Patrick's Day*

CHECK US OUT: FatCityKitchen.com
330 S. Pickett Street (In the Home Depot shopping center)

Paula Jarvis
In Home Personal Training
Wellness Coaching

510-502-2602 praerose@gmail.com
www.paulajarvispersonaltrainer.com



Private Sessions
Exercise indoors or outdoors
Equipment provided
Women and men of all ages and ability levels
Strength Training/Pilates/Injury Recovery/Balance
Flexibility/Weight Loss



Certified by Wellcoaches Corporation and ACSM

Downsizing

(Continued from page 9)

Ultimately, we received four offers on the home, all within \$3,000 of each other, with the exception of one “low-ball” offer. This showed that the house was fairly priced compared to similar, single-family houses in Germantown. Because we were paying the bills on this vacant house each month and raking its leaves, winter was fast-approaching, and I was growing tired of traversing the Potomac, we decided it was not worth waiting for a new offer for a few thousand dollars more. In November, we accepted an offer, and just like that, the house I had owned for over 30 years was mine no longer!

We agreed to most of the repairs requested by the buyer, and our real estate agent recommended a handyman, who took care of everything. To our surprise, the buyer initially insisted that we remove a hardly-visible tree stump under a group of bushes in front of our house, but our agent helped negotiate the exclusion of this item, as well as the exclusion of an odd request that we add a heat vent to a basement bathroom that was not required by code.

Within six months, we had sold two single-family houses and purchased one townhouse. The experience was very different from what we had done decades ago, when print ads and driving around to Open Houses were the keys to home purchases and sales. Our real estate agents helped reduce the stress level of these experiences. Nevertheless, each settlement was a major life event and a relief when the final papers were signed!





Alexandria West Rotary Club

By Jonathan Lucus

2015 was an eventful year for the Alexandria West Rotary Club (AWRC). Chartered in 2014 as a part of Rotary International, the Club has enthusiastically taken the lead on several projects in the Alexandria West community, and has even partnered on international projects. AWRC's highlights for the past year include:

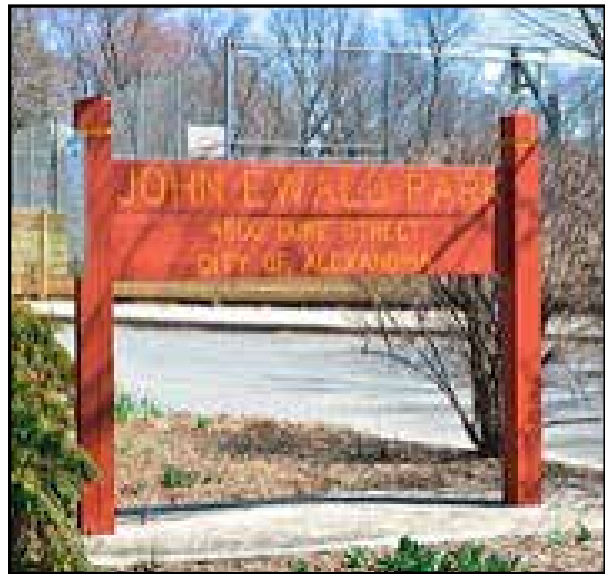


- Adoption of Ewald Park at the corner of N. Jordan and Duke streets. Specifically, AWRC members volunteered for weekly cleanup of the park, which is typically utilized by local, low-income residents. In addition, members organized a fundraiser to help the City with new equipment and landscaping costs.
- Donation of 50 Thanksgiving baskets – each containing five complete meals – to Wounded Warriors and their families.
- Sponsorship of three low-income families for the holidays with gifts of food, clothing, toys, and other necessities.
- Partnership with other local Rotary Clubs to provide essential medical equipment and supplies for a pediatric clinic in Haiti. AWRC helped raise funds to obtain a portable ultrasound machine, which will support the health of expecting mothers and their babies.
- Distribution of personal dictionaries to over 200 third graders in two of Alexandria West's public elementary schools, Samuel W. Tucker and Patrick Henry.



AWRC is composed of individuals with diverse backgrounds and interests who came together for the common purpose embodied by the Rotary motto: "Service Above Self" through community service. We are always looking for like-minded members of the community who wish to help with local and international service projects. If you are interested in hearing more about what we do, the Club meets weekly on Thursdays at Savio's Italian Restaurant (516 S. Van Dorn Street). The 2016 meetings began Thursday, January 7. We gather for conversation and social activities at 6:30pm. The meetings begin promptly at 7pm and end at 8pm.

For questions concerning AWRC, contact Jonathan Lucus at jtlucus@gmail.com or 443-326-0244. You can also visit our website at <http://awrotary.org> or follow us on Facebook <https://www.facebook.com/AlexandriaWestRotaryClub>.





Carla's Picks

By Carla Besosa

Alden Theater (McLean)

Feb. 7 - McLean Community Players: *1776*

American Dance Institute (Rockville)

Feb. 5-6 - Joe Goode Performance Group:
The Resilience Project

Feb. 26-27 - Jonah Baker: *Why Patterns/Recess*

Mar. 18-19 - Jane Comfort & Company: *New Work*

Arena Stage (DC)

Jan. 15-Feb. 21 - *Sweat*

Jan. 29-Mar. 6 - *The City of Conversation*

Feb. 26-Apr. 10 - *The Lion*

Atlas Theater (DC)

Jan. 23-Feb. 14 - Mosaic Theater Company:
I Shall Not Hate

Feb. 5-7 - *Carmen in Havana*

Barns at Wolf Trap (Vienna)

Feb. 10-11 - Eric Burdon & The Animals (remember
House of the Rising Sun?)

Feb. 12 - VOCES8

Feb. 15-16 - Graham Nash

Feb. 24 - 1964 The Tribute (Beatles cover band)

Feb. 29 - Herb Alpert & Lani Hall

Mar. 2 - The Oak Ridge Boys

Mar. 30 - Black Violin

Birchmere (Alexandria)

Mar. 5 - Harmony Sweepstake A Cappella Festival

Mar. 14 - Lizz Wright

Mar. 19-20 - America

Mar. 31 - Keb' Mo' Band

Black Rock Center for the Arts (Germantown)

Feb. 14 - Ruthie Foster

Feb. 28 - Cherish the Ladies

Blues Alley (DC)

Feb. 18-21 - Kim Waters

Mar. 18-20 - Peter White

The Carlyle Club (Old Town)

Feb. 12 - Chase Lounge

Feb. 13 - Luther Vandross Tribute

Center for the Arts (George Mason University)

Feb. 13-14 - Virginia Opera: *Romeo & Juliet*

Feb. 19-20 - Mark Morris Dance

Mar. 18-19 - GMU Dance: *Gala Concert*

Creative Cauldron (Falls Church)

Jan. 28-Feb. 21 - *Monsters of the Villa Diodati*

Feb. 26-Mar. 20 - *The Dancing Princess*

Dance Place (DC)

Mar. 5-6 - Rennie Harris Grass Roots Project

DAR Constitution Hall (DC)

Feb. 2 - 2 Cellos

Feb. 17 - Bryan Adams

Del Ray Artisans Gallery (Del Ray)

Feb. 5 - Opening Reception: *All aBoard*

Dulles Expo Center (Chantilly)

Feb. 20-22 - International Gem & Jewelry Show

Mar. 7-8 - DC Big Flea Market

Mar. 22-22 - Craftsmen's Classic Arts & Crafts Festival

1st Stage (Tysons)

Feb. 4-28 - *When the Rain Stops Falling*

Mar. 31-May 1 - *Proof*

Ford's Theater (DC)

Mar. 11-May 14 - *110 in the Shade*

Gadsby Tavern (Old Town)

Feb. 14 - *Adulteration of Chocolate Tasting*

Gala Theater (Adams Morgan)

Feb. 4-28 - *The Secret War of Elizabeth Arden & Helena Rubinstein*

The Hamilton (DC)

Feb. 4 - Dr. John

Harman Center for the Arts (DC)

Feb. 23-Mar. 27 - Othello

Indigo Landing (GW Pkwy on the Potomac)

Feb. 7, 21, Mar. 6, 20 - Sunday Brunch with Angie Miller

Jammin Java (Vienna)Feb. 2 - Lee DeWyze (American Idol Winner)
Feb. 20 - Nellie McKay**Kennedy Center (DC)**Feb. 2-7 - Alvin Ailey Dance Theater
Feb. 24-28 - Washington Ballet: *Director's Cut*
Mar. 23-Apr. 3 - Washington Ballet: *Hamlet***Little Theater of Alexandria (Old Town)**Feb. 27-Mar. 13 - *The Complete Works of William Shakespeare (Abridged)***Metro Stage (Old Town)**Jan. 28-Mar. 6 - *Shake Loose***No. 9 Lounge, upstairs at Evening Star Café (Alexandria)**

Wed./Thur. - Local Musicians

National Theater (DC)Mar. 15-20 - *Annie***Roundhouse Theater (Bethesda)**Jan. 27-Feb. 21 - *Father Comes Home from the Wars***The State Theater (Falls Church)**Feb. 13 - Bebel Gilberto
Mar. 11 - *Satisfaction* (Rolling Stones Tribute)
Mar. 18 - *Zoso* (Led Zeppelin Tribute)**The Strathmore (Bethesda)**Feb. 13 - Joshua Bell Plays Tchaikovsky
Mar. 12 - BSO/*Peter & the Wolf*
Mar. 18 - Academy of St. Martin in the Fields with Joshua Bell**Studio Theater (DC)**Mar. 16 - Apr. 24 - *Moment***Synetic Theater (Crystal City)**Feb. 17-Mar. 27 - *Romeo & Juliet***Theater J (DC)**Jan. 13-Feb. 21 - *The Sisters Rosensweig*
Mar. 17-Apr. 17 - *Falling out of Time***Warner Theater (DC)**Feb. 25-27 - Tedeschi Trucks Band
Mar. 8-9 - *Rain* (Beatles Tribute)**Woolly Mammoth Theater (DC)**Feb. 1-28 - *Guards at the Taj*

And Another Thing...

Taste of Asia is now serving beer, wine, and sake! On Mondays, show your Cameron Station ID and get 15% off!

Grape & Bean/Rosemont (2 East Walnut Street) has enclosed their patio to afford more seating as temperatures drop. In addition to their evening restaurant hours, they have added lunch hours on Fridays and Saturdays.

New in Kingstowne: **Firenza** at 7001L Manchester Boulevard.

After 50 years, **Chez Andree** has closed its doors at 10 E. Glebe Road. Rumor has it a new restaurant will take its place, though it will not be a French restaurant.

Looking for something new to listen to?

Elle King - *Love Stuff* (bluesy)

Audra Mae - *Audra Mae & the Almighty Sound* (bluesy)

Andra Day - *Cheers to the Fall* (torchy)

Miles Davis - *Ascenseur Pour L'Echafaud* - Soundtrack (just plain awesome!)

Historical Treasures to Keep You Busy (and Happy) During Winter

By Elizabeth "Lily" Engle

As the days shorten, do you find yourself feeling inexplicably angry or frustrated? Wanting to stay in bed all day? Neglecting things you had planned to do, even usually enjoyable things? Not eating, or eating too much? Feeling overwhelmingly tired?

If you are not merely suffering the consequences of your football team's poor performance, you might be suffering from Seasonal Affective Disorder (SAD), also known as winter depression or seasonal depression. SAD is major seasonal depression that can affect otherwise mentally and emotionally healthy individuals. While SAD is most common during the winter months when the days are short and the weather cold, it can occur during any season. Unlike major depression, the ebb and flow of SAD's symptoms track the seasons. Despite SAD's limited annual duration, however, its symptoms can have disastrous consequences, and even minor cases can disrupt people's lives. Light therapy is an effective treatment for severe cases, but for milder cases, as with depression in general, distracting yourself or "getting outside your own head" can have a very positive effect. This can be something as simple as physical activity, or even just getting out of the house. (Note, this article does not constitute medical advice, or even learned advice from someone with any medical experience at all. If you are or think you may be suffering from SAD, please contact your doctor.) I know from experience that finding ways to pull out of one's thoughts can have a huge salutary effect on mood.

To that end, I have compiled a list of things to do in the area during winter months that might help your blues. I am not going to tell you about the obvious things, like Mt. Vernon or the Washington Monument. Instead, I'll try to steer you toward some lesser-known treasures. Included are many outdoor activities, because yes, getting outside in the winter for a walk in the woods is one of life's great pleasures. Whether you suffer from SAD or any milder forms of gloom, or you are just bored, all these places are worth your time, regardless of the season.

For an historical or cultural adventure, check out any of the following attractions:

- **Alexandria Black History Museum.** Practically located right in our backyard, this gem of a museum provides a frank and honest look at Alexandria's

history as a center of slave trade, as well as a deep look at African American history in the region. See <https://www.alexandriava.gov/BlackHistory>.

- **Pope-Leighey House and Woodlawn Planation.** A short drive down Route 1 or the George Washington Parkway will lead you to Pope-Leighey House and Woodlawn Plantation. Now on Woodlawn's grounds, the Pope-Leighy House was designed by Frank Lloyd Wright. Woodlawn Plantation was originally a part of Mount Vernon, George Washington's historic plantation estate. See <http://www.woodlawnpopeleighey.org>.
- **Gunston Hall.** This historic site was once part of a 5,500-acre tobacco and corn plantation, and was originally owned by George Mason, a senior statesman and author of the Virginia Declaration of Rights. See <http://www.gunstonhall.org>.
- **Oatlands Plantation.** Located in Leesburg, Virginia, Oatlands is a National Historic Landmark with deep history. Offering tours and afternoon tea, Oatlands hosts many events, particularly around Christmas time. As a bonus, Leesburg offers good food and shopping. See <http://www.oatlands.org>.
- **Belle Grove.** Located near the Shenandoah Valley, Belle Grove, rich with history and primarily used for agriculture, hosts a "teaching garden" that shows visitors how to grow plants for household use. As an interesting aside, Copper Fox Distillery in Sperryville, Virginia, has recreated a whiskey similar to the whiskey originally made at Belle Grove's distillery. See <http://www.bellegrove.org>.
- **Stratford Hall Plantation.** Located in Virginia's Northern Neck, this plantation was home to the family of Robert E. Lee – the famed Confederate general – for four generations. The gift shop sells authentic, stone-ground grits made at the property's mill. For a long day trip, or even overnight, head down to Virginia's Northern Neck, where you find Stratford Hall Plantation. See <http://www.stratfordhall.org>.

(Continued on page 16)

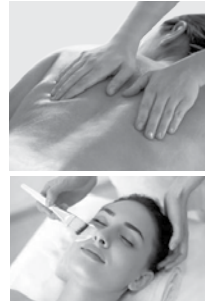


Try us out! Join us for a complimentary class to see the wonderful impact The Little Gym can have on your child!

Parent/Child, Gymnastics, Dance, Sports Skills & Karate Classes for Children 4 months to 12 years old!

The Little Gym of Alexandria at Van Dorn
(703) 751-5700

LIVE WELL 2016



INTRODUCTORY ONE-HOUR
MASSAGE
OR FACIAL
\$59.95*
A \$99.95
VALUE!



HAND & STONE
MASSAGE AND FACIAL SPA

Alexandria-Kingstowne
703-810-7971
5830 Kingstowne Center • Store 110

Locally owned and operated by
Cameron Station Resident

Open 7 Days | Extended Hours | Walk-ins Welcome

*Introductory offers valid for first time visit only and not valid towards gift cards. Sessions include time for consultation and dressing. Rates and services may vary by location. Independently Owned & Operated. ©2016 Hand & Stone Corp. Franchises Available.

BATHMASTERS
THE MASTERS OF BATHROOM RENOVATION

Full Service, Fully Licensed, Insured & Bonded.
Design Showroom in Annandale!

Call (703) 205-0031 now for your FREE in-home estimate!

4115 Annandale Rd., Suite 102 • Annandale, VA 22003
(703) 205-0031 • www.BathMastersVA.com

VA Class A building, plumbing & electrical contractor lic # 2705113997A. Fully insured.

PODOLSKY GROUP

#1 Resource
for Buyers, Sellers, & Renters
WWW.CAMERONSTATION.COM

AARON PODOLSKY
REAL ESTATE SPECIALIST
202.271.3050
www.podolskygroup.com

Keller Williams Luxury Homes
1701 Duke St Ste 100
Alexandria VA 22314

Winter

(Continued from page 14)

- **George Washington Birthplace National Monument.** Located a short drive from Stratford Hall, this property was settled by John Washington, George Washington's great-grandfather, and George Washington himself was born there. Interestingly, the entrance to the property contains a one-tenth scale replica of the Washington Monument, and the property contains working plantation attractions, including a blacksmith and wandering turkeys. See <http://www.nps.gov/gewa/index.htm>.

Recognizing a Great Neighbor

By Stephanie Waldrop

At the far west end of Cameron Station stands Ferdinand Day Drive, and a portion of the homes on this street have rear-loading garages. Unfortunately, during the blizzard that struck the DC area during the weekend of January 22, the plowing contractors, in their war against the snow, overlooked the rear-access road for this portion of Ferdinand Day Drive.

Fortunately, Mr. Robert (Bob) Hill, a fellow Cameron Station resident, came to the rescue. Wielding his trusty snow blower, he cleared a path from our access road to Brawner Place, granting his neighbors access to the main road, and saving us from the helpless land-locked feeling that blizzards so often bring. Bob also used his snow blower throughout the storm to clear the sidewalks surrounding our entire building.

This effort would already have warranted recognition, but Bob didn't stop there. Once Bob cleared the path to the main road, he noticed that his other neighbors – who own a townhouse at the very end of Brawner Place – had a HUGE pile of snow in their driveway, left by the same plowing contractors who had forgotten our beloved nook. Once again using his trusty snow blower, Bob carved a path out of the snow hill large enough so that the neighbors could get both cars out of their driveway, thereby saving them hours of monumental effort.

Without question, Bob and his wife Gale are the kind of neighbors that make Cameron Station a great place to live!

[Photograph courtesy of Stephanie Waldrop]



www.TailsoftheCityPetCare.com



We Care For All Pets

Dog Walking & Pet Sitting Services

- *Daily Dog Walking
- *Pet Sitting
- * Overnight Care
- *Pet Taxi Services

703-644-8004

Serving Northern Virginia Pets for over 10 years
Licensed, Bonded & Insured



[Photograph courtesy of Stephanie Waldrop]



Restaurant Review

Lena's Wood-Fired Pizza & Tap

By Carla Besosa, Cameron Station Foodie

I knew it was going to be fun before I even set foot in Lena's! Sprawled across the front is a magnificent brick patio with majestic torches. There is a fire pit central to the patio, plus heaters throughout the space aimed at prolonging the "al fresco" season as long as possible. Still experiencing a bit of a chill? Never fear: management supplies blankets! Feel free to bring your canine companion, but leave your smokes at home.

Inside, you are surrounded by attractive brick, high ceilings, subdued lighting, and lots of windows. The wood-fired pizza oven is in the open: watch the pizzas evolve. A sizable bar accommodates a dozen or so patrons, and boasts an amicable bartender. The stools have backs and are padded and comfortable. In addition to traditional seating, there are a couple of 12-seat communal tables for those of you who have never met a stranger.

The restaurant prides itself on offering food made with locally sourced ingredients. I can attest that all the food I have consumed there has been very fresh. In keeping with the times, the menu includes both vegetarian and gluten-free options, clearly marked as such.

Let's eat! I received *Grilled Focaccia with Marinara* to munch on while I studied the menu. I ordered the *Polenta Fries*, as they seemed like the most original of the starters. Dip them in a roasted garlic-tomato sauce for a meld of textures and flavors. The most unique salad appears to be the *Burrata & Arugula*, which consists of celery tops, fried sage candied hazelnuts, and a squash puree. There's a lot going on there! I also enjoyed the *Chicken Parmigiana Panini*. At first glance, it looks like quite a lot of bread, but once you realize how light the focaccia is, it's not an issue. The pizzas come in two sizes, plus 13 specialty combos, or you can create your own. The crust is thin and the ingredients are fresh. Topping the innovation scale, the *Sunny Side Up* – which contains apple wood smoked bacon, sliced potatoes, caramelized onions, smoked provolone, and a quail egg – is as tasty as it is unique. I ask you: where else can you get a pizza topped with a quail egg?

On the sweet side, I had an encounter with the *House-Made Donuts* – cinnamon sugar-coated apple donuts with a dipping sauce. These serve as an excellent choice for final punctuation, without being too sweet or too rich.

(Continued on page 19)

Lena's

401 E. Braddock Road
Alexandria, VA 22301
703-683-5330
www.lenaswoodfire.com
Gift Cards Available

Hours

Mon.-Thur. 11:30am-11pm
Fri. 11:30am-midnight
Sat. 11am-midnight
Sun. 11am-11pm

Happy Hour 4-7pm (at the bar)
\$5 Beer, \$6 Wine, \$7 Cocktails
Discounted Bar Snacks

Price

Starters: \$6-\$16
Salads: \$7-\$11
Panini: \$10-\$15
Pasta: \$13-\$16
Pizza 10": \$10-\$16
Pizza 14": \$14-\$22
Desserts: \$6

Smoking

No (not even on the patio)

HC Access

Yes

Parking

Lot (in back)

Reservations

Yes (Open Table)

Bar

Full

(Continued from page 18)

There is a full bar with everything you could want. The beer selection is plentiful, leaning pleasantly toward the Virginia side. Several Virginia beers were new to me, and when I inquired, the bartender graciously offered samples. The wine list is for the most part Italian, which complements the fare.

I visited Lena's three times, and am repeatedly struck by the personable nature of the servers, their efficiency, and their detailed knowledge of the menu. The staff truly seems to enjoy working there, and the enthusiasm is contagious. The manager checks in (always worthy of brownie points), and the bartender is a true "people person."

Lena's just opened in October, and already Alexandrians are flocking! The space is not large, so you may want to avoid prime time, but I encourage you to check it out. Their level of commitment to service will not disappoint.

Selling Your Cameron Station Home in 2016?

Call us now for a **FREE Planning Hour** fully customized to your home. We'll go over market conditions, staging, fixes/upgrades that will make you money and advise you what **NOT** to spend money on.



Make more money in less time with a smoother process.
#1 Agents in Alexandria 17 years in a row.



TOM & CINDY
AND ASSOCIATES

TomandCindy@HelloVirginia.com
www.HelloVirginia.com • 703-822-0207



***** Classified Ads

Painting & Wallpapering - Neat, Clean, Reliable - Free Estimates - 25 Years Experience, Licensed & Insured, References Available. Call Steve at C. 571-216-9338 or H. 703-912-1450 or email chute285@aol.com

NOVA MOBILE NOTARY PUBLIC – I am a Cameron Station resident. If you require a notary, please call 410-340-7221 or email kathy@kathleenschiller.com. Prompt signature service at the location of your choice. Travel Fee waived for Cameron Station Residents. Thank you in advance for your consideration.

INTERESTED IN PLACING A CLASSIFIED AD?
See the information on page 21.

Eco-Friendly Residential and Commercial Cleaning Company



THE GREEN MOP

No bleach.
No ammonia.
Naturally clean.

A+
We have an A+ rating with the BBB and we're PROUD!

EC FRIENDLY

CAMERON STATION RESIDENTS
10% OFF your initial cleaning*
\$25 OFF your 3rd cleaning*

The Original "First" Green Cleaning Company in America

Chemical FREE Cleaning Provides A Healthy Environment For Your Whole Family
Call Today & We Can Clean Today!
We Clean with Any Frequency You Desire

EMAIL AT THEGREENMOP@GMAIL.COM
(24/7) OR CALL NOW (703) 647-9094
www.TheGreenMop.com

*New clients only. Not valid with other offers or prior purchases. 1 hour minimum job regardless of coupon.

Cameron Station Fitness Center

By Psy Scott

Cameron Station is a wonderful community, and one of its major draws is the modern, state-of-the-art fitness facility located at 200 Cameron Station Boulevard. The fitness facility is equipped with a basketball court, swimming pool, and a full gym complete with top-of-the-line cardio equipment, circuit equipment, and a variety of free weights. The Fitness Center also offers fitness classes that could compete with some of the top well-known fitness facilities in the country. As of 2016, these classes are now free to the residents of Cameron Station (with the exception of certain specialty classes). If you have not yet taken advantage of all the amenities offered by our fitness facility, there is no better time than now. After all, nothing is more important than your health.

The Cameron Club Fitness Center is open Monday through Friday from 4:45am to 11pm, and Saturday and Sunday from 7am to 8pm. For questions concerning the fitness facility or any of its programs, please contact Fitness Director Psy Scott at fitness@cameronstation.org or 703-567-8555.



Home Management

We provide you complete property management services so you can be hands-off, yet comfortable that experienced professionals are caring for your home.

- We get you top-dollar in rent
- Great internet advertising with multiple photos
- Direct deposit of monthly income
- Available to show your home 7 days a week
- Regularly scheduled feedback
- Closely screen applicants
- Inspect property
- Supervise needed repairs with quality, reasonable workers we've known for years
- Collect rent, pay HOA fees
- We have great rates and outstanding service—you'll know we care

703-980-5932
www.TandCHomeManagement.com



NARPM
National Association of Residential Property Managers



Taste of Asia

Asian Bistro

Under New Management!

We now have our beer and wine license.

Happy Hour:

Monday- Friday 4pm-7pm

Cameron Station residents get 15% off every Monday night 5pm-10pm, pick-up or dine in.

Discount does not apply for delivery.

This offer expires 6/30/16.

We offer catering!

(703) 370-1873

Trade Center Shopping Center
362 South Pickett Street
Alexandria, VA 22314

GIBBERMAN DENTAL

FAMILY, COSMETIC & IMPLANT DENTISTRY

Gibberman Dental has been a part of this community for over 25 years. We know that our patients are the reasons for our success. That is why our goal is to give *your family* the highest quality of dental care. Call us or visit our website today to schedule an appointment. We welcome you to experience dentistry at a whole new level!

703.823.6616

Beauregard Square
6303 Little River Turnpike
Suite 205
Alexandria, VA 22312

www.gibbermandental.com



Advertising & Submissions Policies & Procedures

Advertising:

The *Compass* newsletter is published bimonthly and distributed to approximately 1,800 residences, as well as displayed on the Cameron Station website. Advertising space is filled on a first-come, first-served basis, and the ads published in each issue are solely at the discretion of the newsletter staff or Communications Committee. **Only one ad per advertiser per issue is permitted. Ads must be submitted NO EARLIER than the 15th of the month preceding issue date and no later than the 30th (see box).** Payment must accompany all ads. Artwork must be camera-ready in JPEG or TIFF format: 65 line screen or 300 dpi. ELECTRONIC SUBMISSIONS ARE PREFERRED. Ads appear in black/white in printed copies; but are displayed in color on the website. Advertisers will receive a copy of the newsletter in which their ad appears. Estimated (not guaranteed) time of delivery for the next issue is the last week of March to first week of April.

Article Submissions:

Any submissions for publication must include the writer's name, address, and phone number and must be received **by the 30th of the month preceding issue date (see box)**. The newsletter staff, Communications Committee, or Board of Directors reserves the right to edit submissions. They will also determine the newsletter to be "full" at their discretion. Articles are to be factual and of public interest. Editorial content may be deemed inappropriate at the discretion of the newsletter staff, Communications Committee, or Board of Directors. Photographs submitted will be returned to sender if accompanied by a self-addressed, stamped envelope.

Publishing Deadlines

January/February	December 30
March/April	February 28
May/June	April 30
September/October	August 30
November/December	October 30

Advertising Rates:

Display Ads (Camera-ready)
 1/4 page (3.5" x 4.5") \$150
 1/8 page (3.5" x 2") \$125

Classified Ads (Limit 35 words)

Resident \$5
 Non-resident \$25
 Lost & Found, Carpool, etc. Free

Checks should be payable to Cameron Station Community Association and sent with camera-ready artwork to *The Compass*, 200 Cameron Station Boulevard, Alexandria, Virginia 22304. Artwork may be emailed to admin@cameronstation.org.

Note: The included advertisements, articles, or references to websites of third parties do not indicate an endorsement by Cameron Station Community Association, Inc. and are not verified for accuracy. *The Compass* will not be responsible for poor ad reproduction due to the quality of the material provided by advertisers.



Book Clubs

Monday Night Book Ball

Feb.: *Being Mortal* by Atul Gawande
 Mar.: *Princess: A True Story of Life Behind the Veil in Saudi Arabia* by Jean Sasson

Reading Between the Wines

Feb.: *The Museum of Extraordinary Things* by Alice Hoffman
 Mar.: *The Girls of Atomic City* by Denise Kiernan



[Photograph by Tom Sugrue]

THANK YOU
CAMERON STATION!



DAVID & STEPHANIE THORPE
Local Real Estate Specialists

Twice the attention to detail
Cameron Station Residents

561.282.7000

David@ThorpeHomes.com
www.ThorpeHomes.com



310 King Street • Alexandria, VA 22314
Old Town Alexandria Office • 703-518-8300



Owned & Operated by NRT LLC

YOUR
PASSPORT
TO SAVINGS



INFINITI



TOYOTA



mazda

Click & Save!
PassportAuto.com

COMMUNITY MANAGEMENT

Cameron Station Community Association Community Management Coporation (CMC)

Phone: 703-631-7200 Onsite Office 703-567-4881

After Hours Emergencies 301-446-2635

Bette Sanft, Community Manager
communitymanager@cameronstation.org

Deirdre Baldino, Assistant Community Manager
assistantmanager@cameronstation.org

Meghan Marville, Covenants Administrator
covenants@cameronstation.org

Stephanie Herbolsheimer, Administrative Assistant
admin@cameronstation.org

Psy Scott, Director
Cameron Station Fitness Center
cameronclubfitness@gmail.com
703-567-8555

CONDOMINIUM MANAGEMENT

Cameron Station Condominium "The Residences":

FirstService Residential Management

Onsite Office: 703-751-5002; Corporate: 703-385-1133

After Hour Emergency: Same

Angela Luker, Community Manager
angela.lucker@fsresidential.com

Carlton Place Condominium:

Abaris Realty

Phone: 301-468-8919 After Hour Emergency: Same

Dany Abebe, Property Manager, *dabebe@abarisrealty.com*

Condominiums at Cameron Boulevard

CMC

Phone: 703-631-7200

After Hour Emergency: 301-446-2635

Gita Lainez, Manager, *glainez@cmc-management.com*

Main Street Condominium

GHA Community Management

Phone: 703-752-8300

After Hour Emergency: 888-660-7132

John Lyons, Property Manager, *jlyons@phacm.com*

Oakland Hall & Woodland Hall Condominiums:

CMC

Phone 703-631-7200

After Hour Emergency: 301-446-2635

Jackie Deane, Property Manager
jdeane@cmc-management.com

Cameron Station Communications Committee Christmas Outing at El Primero



(Photograph by David Thorpe)

Cameron Club Facilities Committee (CCFC) Christmas Celebration at La Casa



[Photograph courtesy of Ray Celeste]

CCFC members pictured, from left to right: Mike Henry, Psy Scott, Ray Celeste, Jr., Teri Vickery, Dick Meyer, Stephanie Waldrop, Rich Mandley, and Martin Menez.

The ompass

200 Cameron Station Blvd.
Alexandria, VA 22304

PRSR STD
U.S. POSTAGE
PAID
GAM PRINTERS
PERMIT #379
DULLES, VA



Help us go greener...
Please recycle this newsletter.



Newsletter of the **Cameron Station Community Association, Inc.**