

The ompass

Newsletter of the Cameron Station Community Association, Inc.

Volume 15 Issue 5 • Nov/Dec 2014

Giving Thanks for Good Neighbors The Mark Pillow Community Spirit Award Winner

By Pat Sugrue and Mindy Lyle



Don Buch, always looking out for his neighbors!

Mark Pillow, who died suddenly in December 2005, was a terrific friend and neighbor – someone who embodied the community spirit of Cameron Station and made it a better, brighter place to live. In memory of Mark, and to honor residents who follow in his footsteps, the Common Area Committee (CAC) instituted the “Mark Pillow Community Spirit Award.”

The first award, given in 2006, focused on landscaping and on those who helped beautify the common areas of the community, as Mark did so well. In 2007, the scope of the award was expanded to honor residents who exemplify Mark’s special volunteerism, who have made a lasting impact on the welfare and spirit of our community.

The award is now given annually by the Board of Directors to a resident who adds to the quality of life in Cameron Station. This can be someone who helps out the entire community – volunteers on a committee, lends a hand at community events, organizes meetings

(Continued on page 2)

2015 Assessments

*Adapted from CSCA Memorandum,
dated Oct. 31, 2014*

Homeowners should have received the annual assessment summary in the mail last month. The Cameron Station Community Association (CSCA) Board of Directors approved an increase in homeowner assessments for 2015 of about \$35 for the year for single family homes and townhouses, and about \$28 for the year for condominiums. Prudent management of this 2015 budget will allow Cameron Station to remain a viable, safe, and presentable community.

Annual Meeting Recap

By Melanie Zimmerman

The Cameron Station Community Association's Annual Meeting was held Monday, November 3, at the Samuel Tucker Elementary School. A quorum was reached, and three Board Members appointed: Megan Brock, Jon Dellaria, and Brian Sundin. Thank you for stepping up to serve our community!

Alexandria City Mayor William Euille, and Council Members Del Pepper and John Chapman, gave our community an update on the City of Alexandria. They were followed by representatives from various development projects in the works near Cameron Station. The conversations became a bit more passionate, as many in the audience (Editor included) realized the true significance of the combined, impending development. In addition to the currently-being-built Modera Tempo

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Mark Pillow Spirit Award Winner

(Continued from front page)

and parties, serves on the Board, or works on the Civic Association; or someone who helps neighbors on a more personal level – feeds and walks our pets, waters our plants, picks up our newspapers and mail, shovels our driveways, provides rides to airports and doctors...the ordinary, day-to-day neighborliness that can make such a difference.

The winner of the 2014 award, the person who embodies the Mark Pillow spirit, is **Don Buch!**

Don and his wife Lana moved to Cameron Station about six years ago. Don immediately “got involved” in the community. He was drafted to run for the HOA Board and became Treasurer, bringing our level of awareness of the financial condition of the community to a higher level. Don served as President of the Civic Association, and as liaison to multiple City of Alexandria committees. He has been heavily involved – massaging

the planning of multiple projects in the vicinity of Cameron Station, providing a level of oversight to protect our community from less desirable initiatives, and safeguarding our property investments.

In addition, Don is always one of the first people to step up when there is a need for assistance, such as with the Samuel Tucker Elementary School “Adopt a Family Program.” And he is also the first to ask if someone needs help when there is an illness, broken bone, or other issue.

Sadly for our community, Don and Lana have decided to spend their retirement years in sunny Florida, so we will not have the advantage of Don’s huge heart and spirit for much longer. But we congratulate you, Don, on your award, wish you and Lana “Bon Voyage,” and thank you for your continued dedication to making Cameron Station a wonderful place to live.



Photo by David Thorpe

About . . . *The* *compass*

The Compass is the newsletter for the Cameron Station Community Association and is run entirely by volunteers.

The Compass welcomes your articles and photo submissions, as well as your suggestions for future issues.

Please send us an email at TheCompass@cameronstation.org.

Previous issues of *The Compass* are available online at www.cameronstation.org.

Roll over the “Community” heading at the top and click on “Newsletters.”

Editor-in-Chief: Melanie Zimmerman

Editorial Staff: Carla Besosa, Judy Coleman, Eliza Dolin, Lily Engle, Scott E.Z. Franklin, Nicole Gauvin, Maya Noronha, Jamie Riedy, and Pat Sugrue

Recurring Contributor: Paula Jarvis **Photographer at Large:** David Thorpe

Committee Corner

HARD AT WORK ON BEHALF OF OUR RESIDENTS

Board & Committee Meeting Dates

Dec. 2: Activities & Events Planning Committee (1st Tues.)
Dec. 2: Architectural Review Committee (1st Tues.)
Dec. 9: Board of Directors
Dec. 11: Cameron Club Facilities Committee (2d Thurs.)
Dec. 15: Communications Committee (3d Mon.)

Jan. 6: Activities & Events Planning Committee (1st Tues.)
Jan. 6: Architectural Review Committee (1st Tues.)
Jan. 8: Cameron Club Facilities Committee (2d Thurs.)
Jan. 12: Common Area Committee (2d Mon.)
Jan. 19: Communications Committee (3d Mon.)
Jan. 22: Financial Advisory Committee (Thurs. prior to BoD)
Jan. 27: Board of Directors (last Tues.)

BOARD OF DIRECTORS

(boardofdirectors@cameronstation.org)

Michael Johnson, President
Megan Brock, Treasurer
Jon Dellaria, Secretary
Igor Dubinsky, Director
Donna Kenley, Director
Paul Rocchio, Director
Brian Sundin, Director

Meetings are the last Tuesday of every month, unless otherwise indicated.

CSCA COMMITTEES

ACTIVITIES & EVENTS PLANNING COMMITTEE

(events@cameronstation.org)

Radhika Goel - Chairperson

ARCHITECTURAL REVIEW COMMITTEE

(arc@cameronstation.org)

Elizabeth McAlee - Vice Chair

CAMERON CLUB FACILITIES COMMITTEE

(facilities@cameronstation.org)

Ray Celeste, Jr. - Chairperson

COMMON AREA COMMITTEE

(commonarea@cameronstation.org)

Robert Burns - Chairperson

COMMUNICATIONS COMMITTEE

(communications@cameronstation.org)

Donna Gathers - Chairperson

FINANCIAL ADVISORY COMMITTEE

(fac@cameronstation.org)

Jeff Gathers - Chairperson

Activities & Events Committee

Upcoming Events

Nov. 21 - BYOBeverage Family Happy Hour

Dec. 7 - Holiday Party

More details will be posted closer to event dates. The committee invites you to suggest opportunities for events or activities - email suggestions to: events@cameronstation.org.

Activities & Events Planning Committee

By Radhika Goel

Over the past few months, the Cameron Station Activities and Events Planning Committee has been very busy hosting events and attracting growing numbers of community members. The most recent of these events was the Halloween Kids



Party and Adult Happy Hour. Leading up to that event, concerns about staffing levels led to a groundswell of support from new volunteers to manage the many games, crafts, and food and drink preparation for the Halloween Kids Party. These "angels" of the community allowed the events to go smoothly, with plenty of camaraderie all around. Over a dozen volunteers did their best to ensure everyone had a good time.

Smiles were omnipresent from children and parents alike, who delighted in face painting, games, pumpkin decoration, balloon sculpture, and sweet treats. Over 100 children and their parents



(more than 180 total) attended the party. At the Adult Happy Hour, which included a costume contest, many residents showed their enthusiasm by dressing up in their favorite costumes for the occasion.



(Continued on Page 4)

Activities & Events Planning Committee

(Continued from page 3)

Big thanks go to the volunteers who devoted their time to produce these well-received events: Kremena Bateman (Lalova), Linda Blohm, Frank Cole, Victoria Gordon, Kate Lindquist, Pat McCombie, Marilyn Means, Elizabeth Starek, Steve Strong, Lisa Thurston, Barbara Waters, David Woodhead, and Andy Yang.



Contributions from event sponsors – Irina Babb and the Cameron Café – made the purchase of food and drink, and the adult costume contest prizes, possible. Their generous support is very much appreciated, and we extend a big thank you to them.



The Casino Night Party in September received lavish praise from those trying their hands at games of chance. Party goers welcomed the helpful, light-hearted guidance offered by the croupiers and table bosses. The event was one of the most

popular this year, providing an opportunity to dress in semi-formal attire at this classy night of fun and mingling.

A large numbers of residents participated in the Fall Yard Sale on Sept. 27 – so many, we ran out of yellow smiley balloons to give to those involved. The beautiful weather served to add to the successful day.



The next planned events are the BYOB Family Happy Hour on Nov. 21 and the year-end Holiday Party on Dec. 7. Additional volunteer opportunities are available to coordinate the

Holiday Party. High School students fulfilling community service requirements are welcome to volunteer. For additional information, please contact events@cameronstation.org.



Cameron Club Facilities Committee

By Ray Celeste

The Board of Directors, based upon the recommendation by the Cameron Club Facilities Committee, changed our Fitness Center management company from WTS to ProFit. The change goes into effect on January 1, 2015. The community will have greater fitness options via ProFit, a variety of fitness classes, and residents will be able to “drop-in.” We are excited about the new fitness opportunities for our residents.

The Board of Directors established an Ad Hoc Committee for the renovation of our pool and pool deck. The committee chair will be former Board Member, Alvin Boone, who was the project manager for our clubhouse renovation. This is going to be a five-member committee. If you would like to be a member of this committee, please contact Alvin Boone at: mrvinn21@gmail.com.

Architectural and Communications Committees Need Members

Both Committees currently have one (1) vacancy each, and are seeking interested homeowners to volunteer. You can learn about the Committees' charters and meeting dates by visiting their web pages at www.cameronstation.org. If you are interested in volunteering, please fill out the Registration Form, available online, and submit it to the Management Office at admin@cameronstation.org. Thank you!

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Annual Meeting

(Continued from front page)

complex, Pickett Place (aka, the bowling alley location), hopes to host approximately 40 townhome-like residences. Plus! Cameron Park (Cameron Station Blvd/Pickett St... Midas area, etc.) plans for 66 townhomes and 390 apartments – to begin construction Summer 2015.

Many active residents (thank you, Don Buch, Judy Coleman, Dak Hardwick, and several others) expressed concerns about this explosive growth and little-to-no-thought for green space, traffic issues, or school crowding. Plea to all readers to remain engaged in local committees to encourage Alexandria City Council to remedy these situations.

Those concerns took up quite a bit of time, so we breezed through Cameron Station committee updates and neighbor Q&A, and got to the fun stuff, the raffle prizes. Thanks to the meeting organizers, retailers, and attendees for an informative annual event!





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National Association of Residential Property Managers



Photos by Walt Barrows

Fitness Center News

By Kevin Horner

This will be the last article I will write for *The Compass*. Our company, WTS International, managed the Cameron Club since it opened years ago, until this December. I have been at Cameron Station for the past 9 years and want to say thank you to all the wonderful people I have met. I have been accepted as part of this community and have enjoyed being a part of it very much. Needless to say I will miss it. We went through a lot over the past couple of years with the renovation of the fitness center and the Cameron Club. Although it was not an easy time, we survived and have a great fitness center and club house to show for it!

On behalf of the front desk staff, the personal trainers, and the group exercise instructors, I want to thank the residents who made our time at Cameron Station a great experience. A special thanks to the resident volunteers who take time to work for the community, making it a great place to live and work!

Finally, all of us at The Cameron Club appreciate your commitment to fitness, and we value your support throughout the years. Thank you for making the fitness program at Cameron Station a huge success!

Group Exercise:

Due to the change in management, we are not scheduling another group exercise session for the winter, as it would extend

into 2015. When the current session ends the week of November 16, we will not have classes the following week (Thanksgiving week) we will have one final \$5 week starting on Tuesday, December 2, and ending Thursday, December 4.

Fitness Center Reminders:

It is that time of year again - cold and flu season is here, so it is more important than ever to wipe down your equipment. We provide sanitizing wipes and anti-bacterial spray to make wiping down the machines easy.

Toys for Tots:



We will be collecting for the Marines Toys for Tots program again this year. This has always been one of my favorite things at Cameron Station. Collection

will begin the week of November 16 and will end on Sunday, December 14. The residents of Cameron Station have always been more than generous with their donations and we thank you in advance.

For information on any of the programs, please contact the Fitness Center: 703-567-8555 or fitness@cameronstation.org.

Del Ray Artisans Holiday Market

Dates: Dec. 5-7, 12-14, and 19-21

Join us for the 19th annual Holiday Market at Del Ray Artisans! The Market offers unique handmade crafts from local artists, including: wall art, botanical, pottery/ceramics, photography, jewelry, cloth, paper crafts, and fused glass. Participating artists donate a percentage of their sales back to Del Ray Artisans.

The Holiday Market is open for the first three weekends in December. There are completely different artists each weekend, so visit all three weekends! The schedule is the same for each weekend: Friday night is a reception, 6-9pm, where visitors can enjoy delicious hot food from a local restaurant while shopping with the artists; Saturday, the Market is open 10am-4pm; and Sunday, Noon-4pm. All day Saturday and Sunday, shop with the artists, enjoy hot apple cider, pick up bake sale goodies, and find a handmade ornament made by Del Ray Artisans to purchase. Sales from the Bake Sale this year will benefit Alexandria Tutoring Consortium (alexandriatutors.org), a local non-profit working to make sure every child in Alexandria can read and succeed.



The Holiday Market will be at the Del Ray Artisans gallery in the Nicholas A. Colasanto Center, 2704 Mount Vernon Ave., Alexandria. The gallery is free, open to the public, and handicap accessible. For more information, please visit www.TheDelRayArtisans.org/HolidayMarket or send an email to

HolidayMarket@TheDelRayArtisans.org.

Del Ray Artisans, founded in 1992, is a nonprofit organization whose mission is to promote art for the benefit of artists and the community.



A Bit of This and A Bit of That

Are You "In-The-Know?"

Cameron Station Neighbors:

<https://www.facebook.com/groups/152372111638212/>

Cameron Station Grapevine:

https://www.facebook.com/CameronStationGrapevine?ref=br_tf

Cameron Station Moms:

<https://www.facebook.com/groups/254390294592987/>

Cameron Station Dads:

https://www.facebook.com/groups/600554456725854/?ref=br_rs

Cameron Station Marketplace:

<https://www.facebook.com/groups/456302854414369/>

The Compass (Cameron Station's Community Newsletter)

The Compass is emailed to residents who have signed up for the electronic version, and mailed to all others. If you receive physical copies of *The Compass* and would like to "go green" and receive electronic copies, visit www.cameronstation.org, and click on "home," then "user profile." To view *The Compass* online, visit www.cameronstation.org, and click on "New Issue of the *Compass* Newsletter" under "Latest News." If you have not been receiving our volunteer newsletter, but would like to, please send an email to TheCompass@cameronstation.org with Subject: "Want the *Compass*."

Cameron Station Police Liaison Officer

The Community's liaison has changed. Deputy Chief Reyes attends the Community Association's monthly Board meetings.

Deputy Chief Eddie L. Reyes
Alexandria Police Department
3600 Wheeler Avenue, Alexandria, VA 22304
703-746-1964
eddie.reyes@alexandriava.gov



On a Somber Note: Get Organized!

By Melanie Zimmerman

I recently witnessed the mess of details required after the sudden death of a loved one. Save your family and friends some heartache by preparing these details today:

1. Gather and store all important certificates in a fire-safe lock box (will, birth, marriage, divorce, social security card, Power of Attorney for your children, etc.). Ensure a trusted family member/friend/lawyer has access to the lock box!
2. Compile a list of all accounts (utilities, investments, bills, mortgage, etc.) in your household. Include the holder's name, account number, company name, and telephone number, at a minimum. Store in the lock box.
3. Make your wishes known to your family: living will, organ donor, burial (location), cremation, type of service, special requests (donations to a specific cause). Write those out and store in the lock box.
4. Finally, save the total amount of one month's bills (at a minimum) to cover expenses until insurance policies pay out. Accounts going through probate may take much longer.

Invitation to Join the Compass Staff

We have an opening for a volunteer writer, collector of interesting events/facts, and/or proofreader. Long-time *Compass* contributor, Barbara Martinez, recently moved to a new neighborhood – thank you, Barbara for keeping us in line!

Holiday Trees

Want to cut your own tree for the holidays? Check out these links for great lists of tree farms – some serve hot cocoa!

<http://www.virginiachristmastrees.org/>
<http://www.virginia.org/virginiatreefarms/#nova>
<http://www.christmasvillage.info/vafarm.html>
<http://www.christmastreemap.com/farm/VA.html>

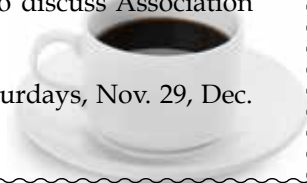
Coffee with Mike

CSCA Board President

Saturdays, Nov. 29, Dec. 27, and Jan. 31

Mike Johnson, Board President, invites you to stop by the Cameron Café between 11am and noon, the last Saturday of each month, to discuss Association issues.

Mike will be at the Café on Saturdays, Nov. 29, Dec. 27, and Jan. 31.



SPIRIT

Volunteer & Community

Wounded Warriors

By Dubey Lifmann

Next Visit After the Holidays

If you, or anyone you know, receives articles of clothing during the holidays that don't fit, or you just don't like, please consider donating them to the Wounded Warriors. Men's and women's clothes are needed. Also, calling all knitters! The Warriors appreciate warm scarves. Please leave your name and phone number with donations left on my front porch so I can personally call to thank you. If you have donations or would like to volunteer, please give me a call at 703-370-6362.

Alexandria West Rotary Club

Alexandria West Rotary Club Recognized at Charter Banquet

By Jonathan Lucas

It started in mid-February, with four people sitting around a table at a local coffee shop in Cameron Station in West Alexandria, determined to spread the idea of "Service Above Self" across the local community. On a Thursday evening in October, Rotarians from around District 7610 came together to celebrate an idea realized, and the official charter ceremony of the newly formed Alexandria West Rotary Club.

A pre-meal social allowed members of the newly formed organization to meet and greet representatives from over eighteen clubs that were in attendance at the Hilton Alexandria Mark Center event. The president, Jonathan Lucas, started the evening introductions of visiting Rotarians and special guests. District Governor Richard Storey provided the induction of Alexandria West's officers and members.

The height of the evening came when Past District Governor, Juanita Cawley, presented the Club with the official charter, and members of the West Springfield Rotary Club gifted the Alexandria West Rotary Club with a bell and gavel.

Receiving its charter in June, Alexandria West has grown to 20 members, with emphasis on bringing strength to the community through diversity of individuals' backgrounds and talents. The Club has supported homeless shelters, assisted living facilities, and participated in a walk to end Alzheimer's disease. Alexandria West will spend the coming months focusing on expanding membership and working toward developing its annual fundraiser.

As stated by President Lucas at the end of the evening, when talking about the Blue Ridge Mountains he grew up looking at from his home in the Shenandoah Valley, "like those mountains, Rotary is bigger than ourselves and provides its presence every morning when we wake up."

Alexandria West Rotary Club looks forward to making its presence known through service to its local community, and building peace and understanding in the world.



Alexandria Rotary Board of Directors
after receiving the club's charter.

If you are interested in joining the Club, contact Jonathan Lucas at jtlucas@gmail.com, or 443-326-0244. Visit our Facebook page: <https://www.facebook.com/CameronStationRotary>.

Vehicular and Pedestrian Access Points between Cameron Station and Pickett Street

By Michael Johnson, President, Cameron Station Board of Directors

The Eisenhower West Small Area Plan Steering Committee will hold a community meeting on Monday, Dec. 8, 7:00-8:30pm, at the Beatley Library. The meeting topic is a Framework Vision for the Eisenhower West Planning Area, which includes Cameron Station. Connectivity between multiple parcels on the West End, to include the Trade Center, a multi-modal connection to Van Dorn Metro, and a street grid plan will be discussed. The current vision includes pedestrian and vehicular access points between Cameron Station and Pickett Street.

These potential connections are not planned to occur for 10-20 years.

I encourage all residents to attend the community meeting on Dec. 8 to learn more about the long-term vision for our area.

Rescue Me

Show Dates: Oct. 27, 2014 – Jan. 25, 2015
Location: 4101 Eisenhower Ave., Alexandria VA 22304

“Rescue Me” art exhibit opened on Oct. 27, at the Vola Lawson Animal Shelter, as a part of Del Ray Artisans’ Gallery Without Walls program, and in partnership with the Animal Welfare League of Alexandria.

Dogs, cats, and other domesticated animals that share their love with humans are the subject matter for this second exhibit at the animal shelter. Del Ray Artisans member artists are showing two-dimensional works of art to celebrate the animals that share our homes and enrich our lives. Artworks include painting, drawing, collage, photography, and mixed media, inspired by the animals whom we rescue and who rescue us in turn.

As a fund-raising effort, a percentage of each sale goes directly to the Animal Welfare League of Alexandria and Del Ray Artisans—both 501(c)(3) nonprofit organizations. Additionally, donations of clean, used blankets and towels are being collected for the animals in the shelter. You can drop off donations at the animal shelter year-round.

The art exhibit is on display at the Vola Lawson Animal Shelter, 4101 Eisenhower Ave., Alexandria. View the art Oct. 27, 2014, through Jan. 25, 2015, during shelter hours for adoption and viewing: Mon.-Thur. 12-7pm; Fri. closed; Sat.-Sun. 12-5pm. For more information, visit TheDelRayArtisans.org/shows/gww/ or contact Gallery without Walls curator Eileen O’Brien at GWW@TheDelRayArtisans.org.



Del Ray Artisans, founded in 1992, is a nonprofit organization whose mission is to promote art for the benefit of artists and the community.

Volunteer to Tutor

*By Gwen C. Mullen, Executive Director,
Alexandria Tutoring Consortium*

The Alexandria Tutoring Consortium (ATC) needs dependable volunteers to tutor 35 kindergartners and 14 first graders one-on-one, once or twice a week, in literacy skills in Alexandria City Public Schools (ACPS). If a child can't read by 3rd grade, they have a difficult time learning in 4th grade, and beyond, because 50% of the material is incomprehensible to them. According to the Casey Foundation, 2010 “Kids Count Report,” they constitute the “dropout track.” Thirty-six percent of ACPS third graders did not pass Virginia’s Standards of Learning (SOL) test last year. Bottom Line: ATC’s goal is to get all 220 students reading on their appropriate grade level by the end of this year.

Volunteer tutoring sessions are 30 minutes for first graders and 20 minutes for kindergartners, at the school, during the school day from October through May. Substitutes are available when needed. Training, lesson plans, and materials targeted to each child’s reading needs are provided. For more information and to register, please go to www.alexandriatutors.org. Contact 703-549-6670, ext. 119, or atc@opmh.org if you have questions or need an application mailed to you.

The Little Gym



Let's Celebrate!

Enjoy \$25 off an Awesome Birthday Bash at The Little Gym of Alexandria at Van Dorn! Kids enjoy games in the gym, obstacle courses, a moon bounce and more -- you enjoy a completely private and stress-free party!

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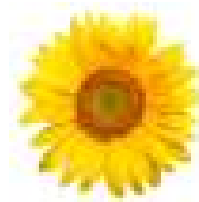
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The Magic of Lionel Trains

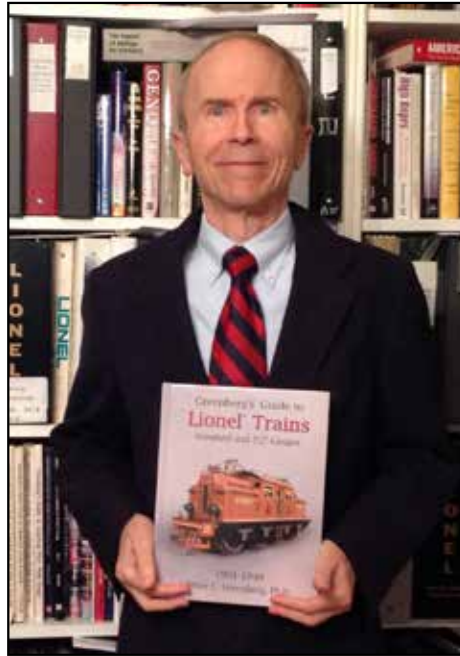
By Linda Greenberg

My husband Bruce's fascination with Lionel trains began at the age of four when he was given a Lionel 1666 train set. We have photos of him, his trains on a loop of track, and the Christmas tree. He looks totally happy. Lionel trains continued to be an important part of Bruce's life, along with tropical fish, and stamps, until, as a teenager, he moved on to girls.

Trains did not return to claim his attention until after he met me, now his wife of 46 years. Just after we made plans to marry, Bruce noticed an ad in the Ann Arbor News for Lionel Standard Gauge trains. The trains Bruce saw during a visit to Marv Fry's home rekindled his interest, perhaps passion is the better word, in acquiring toy trains, and from that day forward, Bruce was "a train man." In fact one of his favorite wedding presents was a No. 318 locomotive – in parts – needing assembly!

Subsequently, Bruce bought and sold trains, collected Lionel trains, built operating layouts, and eventually, in spite of earning a Ph.D. in Political Science, started a publishing business, Greenberg Publishing, Inc., to inform collectors and operators about their toy trains. Then, to better spread the word, he established Greenberg's Toy Train and Dollhouse Show. The shows were popular and offered a great selection, as well as train movies, door prizes, huge layout displays, and dealer tables. Hundreds of thousands of enthusiasts and collectors attended more than 40 shows to buy, sell, and learn about toy trains.

Early on, I joined his enterprise, and we enlisted our children, Paul and Leslie, to help. But that happened a while ago. By 1991, the 24/7 lifestyle was wearing thin, and we sold both companies to a larger publisher. In 2002, we moved to Cameron Station, and shortly thereafter, Bruce began building a new layout on our fourth floor. The layout features eight operating trains.



At the same time, Bruce began writing again. His new book, *Greenberg's Guide to Lionel Standard and 2-7/8" Gauge* has just been published. It is 431 pages of information about the trains Bruce loves most, Standard and 2-7/8" Gauge...or, "the big ones." With 1,372 photographs of these colorful and ever-changing trains, and a history of the man to whom the credit goes, Joshua Lionel Cowen, the book is a collector's delight for in-depth coverage of both the extraordinary and the commonplace.

Every year at Christmas, the big decision is which engine to run around the tree. Should we have one or two loops; should it be a passenger train or a steam engine that plays Christmas music; or the one with realistic sound?

This year, if you include trains in your holiday celebration and want to know more about trains or indulge in nostalgia,

email Bruce (brucegreenberg1@gmail.com) and he'll be happy to advise you on how to set up your layout or think about your collection.



Samuel Tucker Elementary School News

By Pamela DeNunzio

Happy Fall/Winter from your local elementary school! Tucker students are excelling and enjoying the school year and gearing up for a well-deserved break this winter holiday.

As the colder season approaches, please consider donating a new, or gently used, coat to Tucker for grades K-5. Many students arrive at school without coats, but with donations and support from the community, we can keep kids warm. Coats may be dropped off during school hours, 8am-2:30pm, Monday-Friday.

Tucker continues to collect gently used children's books for grades K-5. These books become part of Alexandria Book Shelf, helping books get to kids who otherwise don't have access. Books may be dropped off during school hours at the bin in the parent pick-up lobby.

The PTA is focused on service this school year. What better way to serve than by serving those in our community? As we enter the holiday season, please remember there are struggling families in the Tucker community. Many children get two meals a day, at school, and those are their only meals. A good portion of families do all they can just to buy groceries to feed their families. Consider donating your time, money, and/or goods to help the families who are part of our school family. A little goes a long way.

Thank you for supporting the Tucker Tigers! Hear us ROAR!

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Halloween Fantasy Transforms Knapp Place Pocket Parks

By Susan Birchler

The Halloween transformation of the Knapp Place pocket parks occurred once more at the 4th annual Grimm Drive/Knapp Place Pocket Park Neighborhood Party, where a monstrous Halloween extravaganza was created. For those who did not follow the lights, the sounds, or the trick-or-treaters to the parks, here is a sample of what you missed.



On one side of Knapp Place, a spooky castle stood guard over the grounds. A mummy guarded the castle gate while bats flew out of the castle walls. Flickering lights, ghosts, and rats peeked out from behind the heavy stone walls. Behind the castle gate, the organ wailed, cats screeched, and screaming ensued. On the castle grounds, the were-wolf howled and lunged towards trick-or-treaters, the zombie screamed, while the skeleton warned he had been waiting for them. In the cemetery, the dead crawled out in front of their tombstones; a half-decomposed body struggled to remove the chain around its coffin, while Skelly guarded the walkway to the castle gates. Count Dracula invited people to become vampires, the mummy moaned while shuffling around the grounds — arms out to grab the unsuspecting interloper — and a witch stirred a smoking



cauldron, cackling, asking if anyone wanted a taste. The Phantom of the Opera stood by the castle tower scaring passers-by. While Frankenstein lay on a table undergoing experiments, the Bride of Frankenstein wailed over him.

On the other side of the street, fairy lights twinkled in Peter Pan's Neverland. At the entrance, out of the Darling Family's bedroom window, Peter, Wendy, and the boys could be spotted flying over London. Inside Neverland, the Lost Boys peeked out from their tree home, where trick-or-treaters could ring the bell belonging to Tinker Bell and have a sweet pop out of the tree for them. Captain Hook, guarding his ship, was chased by the crocodile, while his faithful pirate horde chased the crocodile and the trick-or-treaters. The huge red and black Pirate Ship unfurled its sails and set out cannon. At the end of the road through Neverland, the beautiful Tiger Lily handed out treats to all explorers.

(Continued on Page 20)

Restaurant Review:

Artfully Chocolate Bistro & Wine Bar

By Carla Besosa

A transformation has occurred! Artfully Chocolate has evolved into *Artfully Chocolate Bistro & Wine Bar*! Located in the Carlyle Complex, just south of the King Street Metro, this recently recreated venue has something for everyone.

The festive colors beckon you to explore! The collection of gifts is second to none, offering a very unique array. The art (table tops and pieces displayed on the walls) is available for purchase, all striking creations by owner Eric Nelson. Seating is available inside (tables and chairs, and a small bar), and on the street-side café patio.

Swing by on a morning and sample the croissants, muffins, crepes, or pastries. Mid-day, you might like a sandwich, soup, quiche, salad, or a crepe. They even make *Croque Monsieur*. The innovative selection of small plates lends itself to happy hour grazing (4-7pm). Particularly suitable: *Charcuterie Plate*, *Bruschetta*, *Cheese Truffles*, and *Blini with Smoked Salmon or Caviar*. For dinner, the name of the game is Crepes. There are many from which to choose, including *Chicken Curry*, *Beef Bourguignon*, *Seafood*, *Ratatouille*, *Porc au Moutard*, and *Italian Tofu*.

Dessert is its own experience! Again, crepes are center stage. Try the *Walnut Praline Crepe* with walnuts, brown sugar, and ice cream. The *Chocolate Cheese Plate* is also a prime choice. Their ice creams are exquisite.

For the out-to-brunch crowd, the stuffed French toast (*Pain Perdu*) is a must. Also available are *Belgian Waffles*, *Fruit Crepes*, *Egg & Sausage Crepe*, *Salade Nicoise*, and *Quiche du Jour*. Check out the delectable chocolates, the coffee bar, and the fountain drinks. When did you last experience a *Root Beer Float*?

The wine and beer selection is varied. On Tuesdays, the happy hour dictates "BOGO" (buy one, get one free) on beer and wine. Beer selections include Founders, Southern Tier, Evolution, and Port City. The wines are globally sourced. See the website for information on tastings and classes.

Explore the intriguingly eclectic aspects of *Artfully Chocolate Bistro & Wine Bar*! A treat for the senses!

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703-575-8686

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Price

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Adopt-a-Family Program Needs Our Help

By Mindy Lyle

Once again, the Cameron Station Community will help those less fortunate have a Merry Christmas. Over the past 14 years, Cameron Station residents have adopted families from Samuel Tucker Elementary School who, without our help, might not have any Christmas celebration.

We are asking the community to participate in this program. Family needs are screened by the Social Worker and Principal at Tucker School. Lists of needs – some are as basic as dishes – are compiled by the school, along with clothing sizes, shoe sizes, etc. We will then have families that can be "adopted" by Cameron Station. Previously, streets have banded together to buy for several families; one family might buy for another family; one condo community adopted four families...there are many ways to participate. Many of the area businesses, including Virginia Paving, have adopted families as well.

This year, if you would like to participate but do not wish to shop for a family, we welcome gift cards, cash, or checks, and Cameron Station elves will shop to make Christmas special for these children.

If you are interested in helping to continue this Christmas tradition, please email adopttuckerfamily@comcast.net.

Mindy Lyle is a resident of Cameron Station and Coordinator of the Adopt-a-Family Program.

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Dr. Jack Tsai and Dr. Lauren Gibberman participates Delta Dental Premier Plan, Aetna PPO, Metlife PPO, Cigna Savings Network, Anthem BlueCross BlueShield, Unicare, Carefirst BlueCross BlueShield PPO, and BlueCross BlueShield FEP Federal Program (enrollment 104, 105, 111, and 112) and FEP BlueDental.

If you have any questions please contact us at:

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What is Your Fitness Age?

By Paula Jarvis

Can exercise make you "younger"? Research shows that it can. When I say "younger," I am referring to your "fitness age." The term was created by researchers at the Norwegian University of Science and Technology, and is based on several components, including your resting heart rate, your waist circumference, your exercise routine, and very importantly, your cardiovascular endurance, stated as your VO2 max. Stated simply, VO2 max is a measure of your body's ability to take in and utilize oxygen.

The original research collected health data from more than 55,000 adults in the 1980s. The more recent study, published this past summer, took the collected data and compared it to death records. It was discovered that people with a very low VO2 max, compared with the average for their age, had a comparably increased risk of dying prematurely. Those with a higher VO2 max had a lower risk of dying prematurely.

In fact, the authors of the study suggest that the fitness age calculation may be a better predictor of the risk of early death than the measures we typically examine, such as being overweight, smoking, high blood pressure, and high cholesterol. The very important take-away from this research is that VO2 max can be improved, which means your fitness age can be improved. With a younger fitness age than your chronological age, you can expect to live longer than average.

How do you improve your VO2 max? Do any type of exercise that makes you breathe hard. As you increase your intensity and volume of exercise, your capacity will improve. A very effective way to increase VO2 max is through intervals. Whatever exercise you are doing - running, walking, elliptical, biking, jumping rope, swimming, dancing... go all out for about 20 or 30 seconds. Slow down to recover for 30 seconds and repeat. Keep doing the intervals for about 8 minutes. Over time, your VO2 max will improve, and your fitness age will decrease - you'll get younger!

To determine your fitness age, the online calculator is available at <https://www.worldfitnesslevel.org/#/>.

Paula Jarvis is a Personal Trainer and Cameron Station resident, certified by the American Council on Exercise, and a Wellness Coach certified by Wellcoaches.

Holiday Schedules

Fitness Center and Cameron Club

Wed., Dec. 24 - closed; Thur., Dec. 25 - closed;
Wed., Dec. 31 - close at 6pm; Thur., Jan. 1 - closed

On-Site Management Office

Thur., Dec. 25 - closed; Thur., Jan. 1 - closed

Shuttle Service

Thur., Dec. 25 - no shuttle; Thur., Jan. 1 - no shuttle

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Richmond's Tacky Light Tour

By Nicole Gauvin

Do you love the holidays?!? Last year, my husband and I drove to Richmond (less than 2 hours away) for something I had been wanting to see for years – ever since I saw it on TLC's "Crazy Christmas Lights." The city is aglow during the holiday season with lights...millions of them! They outline the downtown skyline and decorate thousands of homes and businesses with colorful, twinkling lights and decorations.

Every year, Richmond's most creative residents attempt to outdo themselves, and one another, with over-the-top displays of holiday spirit. Decking their halls with thousands of holiday lights, inflatable props, and interactive displays, these homeowners create a spectacle that has become famous up and down the East Coast. Houses all over town are dripped, drenched, and double-dipped in thousands of lights for the holiday season. The tackier the house is decorated, the longer the line is around the block to see it. Can you imagine stringing up that many Christmas lights? Or paying their electricity bills? Richmond's tacky light tour is all about radiating the season with good cheer and binding the community together. Each garish display of radiance isn't a solitary act – it's a group effort to bring the season's tidings to one and all. And like Dominion Power, we all should be thankful!

A list of homes is compiled by *Richmond.com*. The site includes photos, maps, and directions. The list

is updated as homes are nominated and confirmed to have at least 40,000 lights. Some homes start the light show on Thanksgiving night, while others start Sat., Nov. 29. Either way, most homes will stay lit until the end of the year. There's also a mobile guide at www.TackyRichmond.com that provides directions, photos, and the full list of houses. Hint: Two of the most popular homes on the Tacky Lights Tour are 9604 & 9606 Asbury Court. If you're only going to make one stop, see those!



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Farmers Market & Holiday Markets

Sundays, 8:30am to 1pm Ben Brenman Park, through November 23

By Susan Birchler, Director

The West End Farmers Market is OPEN through Nov. 23, the weekend before Thanksgiving. We may be closed by the time you receive this newsletter. Look for us again in the spring when new crops poke up out of the newly thawed ground. Until then, the vendors and management of your West End Farmers Market hope you are able to “Eat Well and Have Fun” all winter.

I am the director of the West End Farmers Market. Personally, I have fun at the market, perusing the many artisan vendors, buying unique hand-made gifts, listening to Alex the singer, watching Alexandra the Irish Dancer, hanging out by the Fire Truck, talking to the Local Motion and Library people, buying \$1 books from the library tent to read at the pool, meeting my neighbors, and chatting all morning. Nothing beats fresh, just-picked veggies and fruits. Summer vegetables are so quick and easy to cook, or just slice and serve. If you are what you eat, I am now tomatoes, mozzarella, and basil, with some peaches and plums thrown in. I ate really well all season!

You may wonder how to continue that fun during the winter months – good question! I thought, since I am responsible for shutting the market down for a few months, I should make a few suggestions about how to have fun over the winter. I am going to share with you only the experiences, shops, and events that I have personally experienced.

Let’s start with shopping. I know you are going to miss the artisanal gifts you could purchase at the market such as candles, soaps, stationery, jewelry, and terrariums. If you like the hunt for something a little different, a little special, or maybe hand-made, for holiday gifts, allow me to share some of my favorite shopping spots and events.

My absolute favorite: the **Downton DC Holiday Market**. This market runs Nov. 28 through Dec. 23, noon-8pm, in front of the **National Portrait Gallery**, on F Street, between 7th and 9th streets. There are 180 vendors, plus music, entertainers, and food (and sidewalk heaters). The crafts and art include clothing, woolen items, scarves, hats, leather gloves, pottery, jewelry, toys, art, and other fun stuff. When I’m finished outside, I run inside the museum to peruse one of my other favorites – the museum store. Brightly lit, and warm, this store always has a cornucopia of lovely items ranging from clothing, kitchen utensils, beautiful pens and pencils, jewelry, umbrellas, tote bags, children’s toys, great books, and more.

I recommend taking a stroll through this museum. With just three floors, it is small-ish, and you can peruse one gallery or exhibit and then get a coffee and have a seat in the calm atrium

to wind down before heading home. You can leave your coat and purchases in the lockers while you meander around the galleries.

While you are downtown, two other museum stores I adore for eclectic and original items are in **The Arthur M. Sackler and Freer Gallery of Art**, right next to the Smithsonian Castle, and the **Natural History Museum**. The Freer and Sackler Gallery store is quiet, elegant, and calm with muted lighting and wood everywhere. The Freer and Sackler merchandise is reflective of the Orient and Far East. I have purchased stunning scarves and umbrellas there. I should say, it is a trifle on the expensive side, but definitely worth an hour of your time. Then head across the Mall to the Natural History Museum store. It is bright, loud, cheery, and packed with great gifts for kids and adults. This museum can be overwhelming. Pick one gallery – go enjoy yourself and then LEAVE. I recommend visiting The David H. Koch Hall of Human Origins: What does it mean to be Human? I never met anyone who did not like it.

Not in the mood for a museum or the Mall? Run over to the **Eastern Market**. There are vendors inside, outside, and all around the building, selling traveling cosmetic bags, Turkish towels, Provence lavender, antiques, Turkish bowls, and fine and/or fun jewelry. After you have shopped yourself silly, there are dozens of places to eat, both inside the market, and in the surrounding neighborhood. During the holiday season, expect to find Christmas trees and fresh wreaths.

While you are in town, run over to the **Henley Park Hotel**, 926 Massachusetts Ave. NW. It looks like the Disney set of a medieval castle, with large stones, round turrets, stone floors, and overstuffed chairs and dark wood. It’s luscious and indulgent, and the Afternoon Tea is exquisite and quite reasonable, \$12-\$35, depending on which tea menu you choose. Call 800-222-8474 for a reservation and times.

Closer to home, I recommend the annual **Holiday Craft Show at TC Williams High School**. This year, there will be 40 local handmade artisans and crafters, live music from the TC Jazz Band, baked goods, and the City of Alexandria’s Local Motion Department (promoting biking and hiking in the city). It’s free, fun, and supports the TC Williams students’ goal to contribute to global education. Sat. Nov. 22, 10am-4pm.

Let’s not forget the **Alexandria Downtown Saturday Morning Farmers Market**. During the holiday months, it is chock full of artisans selling quilts, children’s clothes, jewelry, photos, stationery, and fine art. It’s lovely to go down in the morning, shop the market, and then go to one of the many restaurants

(Continued on page 19)



Book Clubs

Each issue, *The Compass* lists the books that our resident book clubs are reading in the upcoming months. Club openings are noted. If you have a club and would like to provide reading recommendations to your fellow residents, please drop us a line at thecompass@cameronstation.org.

Monday Night Bookball

Openings for new members – contact PJ at sottilepj@aol.com.

Nov.: *The Widower's Tale* by Julia Glass

Dec.: *Still Life with Bread Crumbs: a Novel* by Anna Quindlen

Jan.: *My Wish List* by Gregoire Delacourt, translated by Anthea Bell

Reading Between the Wines

Nov.: *Orphan Train* by Christine Baker Kline

Dec.: *The Unlikely Pilgrimage of Harold Fry* by Rachel Joyce

Jan.: *Brooklyn* by Colm Toibin

Third Tuesday Book Club

Nov.: *If I Stay* by Gayle Forman

Dec.: No book, but a big holiday party!

Jan.: *Goldfinch* by Donna Tartt - Part 1

Feb.: *Goldfinch* by Donna Tartt - Part 2

Farmers Market & Holiday Markets

(Continued from page 18)

for breakfast or lunch. Tired of shopping? Head to the Alexandria Marina on Sat. Dec. 6, at 5:30pm, for the **Alexandria Holiday Boat Parade of Lights**. Boat owners decorate their boats with lights and cruise up and down the river. It's crowded but festive. Go early for easier parking, have a drink somewhere, take a tour of the Torpedo Factory, have a hot chocolate and a cookie, then stroll to the marina to see the boats. Dress warm.

If you have additional suggestions, please feel free to post them on my Facebook site – I'll post them in the Jan./Feb. issue of *The Compass*. Until then, have a great winter, a stupendous Holiday Season, stay warm, go sledding if it snows, and – "Eat Well and Have Fun!"

www.facebook.com/WestEndFarmersMarket

www.westendfarmersmarket.org

Tweet @WEFM

Winter Reminders for Cameron Station Residents

Shuttle Bus Service During Holidays and Inclement Weather

The shuttle does not operate on federal holidays. During inclement weather, the Association generally follows the federal government's operation. If the federal government is closed, the shuttle will not operate. If a delay or early closure is announced, the shuttle schedule will be adjusted to accommodate these situations. Please remember that residents must show their Cameron Station identifications cards to the driver upon boarding. To receive a copy of the shuttle bus schedule, please visit www.cameronstation.org or pick up a copy at the management office.

Snow Removal Policy

Residents are responsible for removing snow and ice from the driveways serving their homes and from any sidewalks fronting or bordering their homes. Condominium associations are responsible for removing snow and ice from the sidewalks bordering their condo buildings and any condominium common areas.



Help Needed with Snow Removal for Older and Disabled Neighbors

If you need assistance, or if you are willing to provide assistance for Cameron Station neighbors who might need help with snow removal this winter, please contact Assistant Community Manager, Deirdre Baldino, at 703-567-4881 or assistantmanager@cameronstation.org.

Trash Collection in Inclement Weather

American Disposal Services will cancel collection in areas they deem the roads are unsafe due to snow and/or ice. There will be no adjustments or make-up schedule for missed services due to inclement weather. Trash, recycling, and yard-debris collections will resume on the next regularly scheduled service day. If collection is cancelled due to inclement weather, please return your trash and/or recycle containers to your garage until the next pick-up.

Christmas Tree Removal

Christmas trees are currently scheduled to be collected on the first two Wednesdays in January - January 7 and 14. All tinsel and decorations must be removed, and trees should not be discarded in plastic bags.

Advertising & Submissions Policies & Procedures

Advertising:

The *Compass* newsletter is published bimonthly. Advertising space is filled on a first-come, first-served basis, and the ads published in each issue are solely at the discretion of the newsletter staff or Communications Committee. **Only one ad per advertiser per issue is permitted. Ads must be submitted NO EARLIER than the 15th of the month preceding issue date and no later than the 30th** (see box). Payment must accompany all ads. Artwork must be camera-ready: 65 line screen or 300 dpi. ELECTRONIC SUBMISSIONS ARE PREFERRED. Advertisers will receive a copy of the newsletter in which their ad appears. Estimated (not guaranteed) time of delivery for the next issue is the last week of January to first week of February.

Article Submissions:

Any submissions for publication must include the writer's name, address, and phone number and must be received **by the 30th of the month preceding issue date** (see box). The newsletter staff, Communications Committee, or Board of Directors reserves the right to edit submissions for typos, length, tone, and content. They will also determine the newsletter to be "full" at their discretion. Articles are to be factual and of public interest. Editorial content may be deemed inappropriate at the discretion of the newsletter staff, Communications Committee, or Board of Directors. Photographs submitted will be returned to sender if accompanied by a self-addressed, stamped envelope.

Halloween Fantasy

(Continued from page 13)

It was a splendid and extraordinary experience in both parks. For the past three years, the Knapp/Grimm, Lannon Court neighbors have created a Halloween spectacle with a different theme for trick-or-treaters to enjoy. The neighbors chat, eat, and party in the alley behind the entertainment, and take turns giving out candy up front. Like magic, and due to neighbor Kathy's unerring timing, every year we run out of candy with the last trick-or-treaters.

This year's theme was Classic Black and White Horror Movies: Dracula, The Mummy, The Were-Wolf, Frankenstein, and Bride of Frankenstein. Dieter, David, Shannon, Don, and Susan designed, built, painted, and constructed a three-dimensional haunted castle. David assembled a massive sound system behind the castle to provide appropriate organ music. On Halloween, Margaret, Laura, Don, Ed, and I assembled the inside scenes of the pocket park, while Dieter and David constructed the castle on-site and helped finish the Frankenstein Table. A special thanks to Arjun, one of the many great neighborhood children, who created the cemetery scenes when he got home from Samuel Tucker Elementary.

In the past, the scariness of the Halloween pocket park theme prompted requests for a more child-friendly theme across the street. Christina and Maria volunteered to transform that pocket park into Peter Pan's Neverland. The characters were played by members of their family. Christina and Maria de-

Publishing Deadlines

January/February	December 30
March/April	February 28
May/June	April 30
September/October	August 30
November/December	October 30

Advertising Rates:

Display Ads (Camera-ready)

1/4 page (3 1/2" x 4 1/2")..... \$150

1/8 page (3 1/2" x 2")..... \$125

Classified Ads (Limit 35 words)

Resident..... \$5

Non-resident..... \$25

Lost & Found, Carpool, etc. Free

Checks should be payable to Cameron Station Community Association and sent with camera-ready artwork to *The Compass*, 200 Cameron Station Boulevard, Alexandria, Virginia 22304. Artwork may be emailed to admin@cameronstation.org.

Note: The included advertisements, articles, or references to websites of third parties do not indicate an endorsement by Cameron Station Community Association, Inc. and are not verified for accuracy. *The Compass* will not be responsible for poor ad reproduction due to the quality of the material provided by advertisers.

cided to be the Lost Boys. They made the 18-foot boat, the Window Scene, the Lost Boys Tree, the Signpost, and the Teepee in their den and kitchen! Those beautifully designed and executed pieces came together to transform the pocket park into a children's fantasy land. A special thank you to Peter, who came out to help construct Neverland after seeing us work from his window.

The cast of Neverland: Christina and Maria as the Lost Boys, Suzanne as a pirate, Jeff as Captain Hook, Amy as Wendy, Katie as John Darling, Adam as the Crocodile, Cade as (a darling) Peter Pan, Bree as Tiger Lily, and Molly as Tinkerbell. Haunted Castle characters: Don as The Mummy, Dieter as Count Dracula, Steve as an excellent and creepy Priest armed with a stake and a hammer, Sanjay as the Phantom of the Opera, Shannon as the Bride of Frankenstein, Ruth and Mary as evil witches, Susan as a Pirate, Arjun as the crazy clown, and David as the unseen Master of Sound.

Thank you to everyone who participated in creating these two Halloween Pocket Park transformations, as well as members of the Cameron Station Board who have supported our Halloween Block Parties through the years. See you next Halloween at the Grimm/Knapp Place Neighborhood Halloween Party!





** Lucy Thorpe - Cameron Station Resident **



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Soleil Salon & Spa
Holiday Specials

Soleil Signature Package \$190
1hr Signature Massage + Hydrating Facial +
Organic Spa Mani & Pedi (pomegranate & fig
OR vanilla bean & sugar) + lunch w/ wine

Laser Hair Removal
Absolutely pain-free. Individual/packages available

Eyelash Extensions
Full Impression Eyelash Extensions \$250
Flirtatious End Eyelash Extensions \$125
LATISSE Lash Enhancer \$99

Dr. Thao will be available on Nov 22/23 &
Dec 16/17 for complimentary skin evaluations,
BOTOX and **FILLER** injections.

(703) 823-2718
50 South Pickett St #21
Alexandria, VA 22304
www.soleilsalonandspa.com

COMMUNITY MANAGEMENT

Cameron Station Community Association Community Management Corporation (CMC)

Phone: 703-631-7200 Onsite Office 703-567-4881
After Hours Emergencies 301-446-2635

Colleen Hairston, Community Manager
communitymanager@cameronstation.org

Deirdre Baldino, Assistant Community Manager
assistantmanager@cameronstation.org

Meghan Marville, Covenants Administrator
covenants@cameronstation.org

Stephanie Herbolzheimer, Administrative Assistant
admin@cameronstation.org
703-567-4881, 703-567-4883 (fax)

Kevin Horner, Director
Cameron Station Fitness Center
fitness@cameronstation.org
703-567-8555

CONDOMINIUM MANAGEMENT

Cameron Station Condominium "The Residences":

FirstService Residential Management
Onsite Office: 703-751-5002; Corporate: 703-385-1133
After Hour Emergency: Same
Angela Luker, Community Manager
angela.lucker@fsresidential.com

Carlton Place Condominium:

Abaris Realty
Phone: 301-468-8919 After Hour Emergency: Same
Dany Abebe, Property Manager, dabebe@abarisrealty.com

Condominiums at Cameron Boulevard CMC

Phone: 703-631-7200
After Hour Emergency: 301-446-2635
Theresa Lopez, Manager, tlopez@cmc-management.com

Main Street Condominium

GHA Community Management
Phone: 703-752-8300
After Hour Emergency: 888-660-7132
John Lyons, Property Manager, jlyons@phacm.com

Oakland Hall & Woodland Hall Condominiums: CMC

Phone 703-631-7200
After Hour Emergency: 301-446-2635
Jackie Deane, Property Manager
jdeane@cmc-management.com

Carla's Picks

By Carla Besosa

First Baptist Church of Alexandria

Dec. 11-14: Living Christmas Tree (concert)

1st Stage Theater (Tysons Corner)

Nov. 21-Dec. 28: *One Man, Two Guvnors*

Alexandria

Dec. 31: First Night Alexandria – live music, food, art, and fireworks!

American Century Theater (Arlington)

Jan. 9-31: Crime & Punishment in America - Evening of One Act Plays

Anacostia Playhouse (DC)

Dec. 8-Jan. 4: Theater Alliance - Black Nativity

Arena Stage (DC)

Oct. 31-Jan. 4: *Fiddler on the Roof*

Nov. 14-Dec. 28: *Five Guys Named Moe*

Atlas Theater (DC -Atlas District)

Dec. 11-22: Step Afrika! - Magical Musical Holiday Show

Birchmere (Del Ray)

Dec. 4: Herman's Hermits

Dec. 8: Peter White Christmas, with Rick Braun & Mindi Abair

Dec. 13: Judy Collins

Dec. 14: Sweet Honey in the Rock

Dec. 28: Hank Williams Tribute

Jan. 16-18: Eddie from Ohio

Blues Alley (DC)

Dec. 4-7: Arturo Sandoval

Dec. 11-14: Marcus Johnson's Holiday Party

Creative Cauldron (Falls Church)

Dec. 5-28: Madeline's Christmas

Jan. 9, 16, 17, 23, & 24:

Passport to the World -

Performances from all over the globe

DC Convention Center (DC)

Dec. 12-13: Latin Expo

Jan. 10-11: NBC-4 Health & Fitness Expo

DC Armory (DC)

Dec. 20-22: Discover the Dinosaurs

Dulles Expo Center (Chantilly)

Dec. 12-14: Sugarloaf Crafts Festival

Jan. 1-4: DC Big Flea

Jan. 24-26: Sugarloaf Crafts Festival

Jan. 31-Feb. 2: Washington Golf Show

Falls Church Community Center

Dec. 6-7: Holiday Arts & Crafts Show

Ford's Theater (DC)

Nov. 20-Jan. 1: *A Christmas Carol*

Gadsby's Tavern (Alexandria)

Dec. 13-14: Candlelight Tours

George Mason Center for the Arts (Fairfax)

Dec. 5-6: Virginia Opera - H.M.S. Pinafore

Dec. 12: Holiday Celebration with The 5 Browns

Dec. 20-21: Vienna Boys Choir - Christmas in Vienna

Hamilton (DC)

Dec. 7: Emmylou Harris

Dec. 14: Music of John Denver and Simon & Garfunkel

Hillwood Estate (DC)

Dec. 13-14: Russian Winter Festival

Howard Theater (DC)

Dec. 7: A Drag Salute to Motown Review

Dec. 11: Maxi Priest

Dec. 12-13: Will Downing

Sundays in Dec.: Harlem Gospel Choir

Ida Lee Park Recreation Center (Leesburg)

Dec. 6-7: Holiday Fine Arts & Craft Show

Indigo Landing (Alexandria/GW Pkwy on the Potomac)

Every Sun.: Angie Miller performs during brunch - ½-off brunch if seated at the bar!

Jammin Java (Vienna)

Dec. 4: Toby Lightman

Dec. 28: Deanna Bogart

Jan. 16: Paul & Storm

Kennedy Center (DC)

Dec. 7: Kennedy Center Honors

Dec. 10-14: Ballet West - *The Nutcracker*

Dec. 18-21: Handel's *Messiah*

Dec. 15-24: A Capital Christmas

Dec. 16-Jan. 4: Joseph and the Technicolor Dreamcoat

Lisner Auditorium (GWU)

Jan. 20: Zap Mama

Little Theater of Alexandria (Old Town)

Dec. 5-20: *A Christmas Carol*

Jan. 17-Feb. 7: *The Game's Afoot*

McLean Community Center

Dec. 5-7: Holiday Craft Show

Metro Stage (Old Town)Nov. 26-Dec. 28: *A Broadway Christmas Carol*Jan. 21-Mar. 15: *Bessie's Blues***Mount Vernon (Alexandria)**

Nov. 28-Jan. 6: Christmas at Mount Vernon

Dec. 6, 7, 13, 14, 19, 20, 21: Mount Vernon by Candlelight

National Harbor (P.G. Co, MD)

Nov. 14-Jan. 4: Gaylord Hotel - ICE!

National Theater (DC)

Dec. 2-7: Donny & Marie Christmas

Dec. 16-Jan. 4: Pippin

Potomac Point Winery (Stafford)

Dec. 6-7: Holiday Open House

Schlesinger Concert Hall & Arts Center (Alexandria)Dec. 13-14: The Ballet Arts Ensemble of Fairfax -
*Nutcracker in a Nutshell***Signature Theater (Shirlington)**

Dec. 9-Jan. 25: Diner

Dec. 12-23: Holiday Follies

St. Elmo's Coffee Pub (Del Ray)

Jan. 30: Janna Audey

Strathmore (North Bethesda)Dec. 6: Baltimore Symphony Orchestra -
Duke Ellington's *Nutcracker*Dec. 6: Baltimore Symphony Orchestra -
Handel's *Messiah*Dec. 9: Dave Koz & Friends Christmas with
Jonathan Butler, Christopher Cross & Maysa

Dec. 12: Temptations & The Four Tops

Dec. 13: Manheim Steamroller Christmas

Dec. 14: Moscow Ballet - Great Russian Nutcracker

Dec. 19: Peabo Bryson - The Colors of Christmas

Dec. 20-21: National Philharmonic - Handel's *Messiah*Dec. 23: Washington Chorus -
A Candlelight Christmas

Jan. 18: Step Afrika!

Jan. 24-25: National Philharmonic -
Bach's Brandenburg Concertos**Studio Theater (DC)**

Jan. 1-Feb. 22: Choir Boy

Synetic Theater (Crystal City)

Dec. 3-Jan. 4: Beauty & the Beast

Verizon Center (DC)

Dec. 6: Cher - Dress to Kill Tour

Wakefield Park Recreation Center (Annandale)

Dec. 6: Breakfast with Santa

Warner Theater (DC)Dec. 4-28: Washington Ballet - *The Nutcracker***Woolly Mammoth (DC)**

Dec. 9-Jan. 4: Famous Puppet Death Scenes

~And Another Thing...-Bistrot de Soleil (European)
open in Old Town at 1504 King St.-Bon Vivant Café & Farm Market replaces
Seva Café in Del Ray, at 2016 Mount Vernon Ave.

-Butcher's Block, at Lorien in Old Town, closed.

-Kaizen Tavern (traditional & modern Japanese)
replaces Osteria 1909, in Del Ray.

-Las Tapas in Old Town, closed.

-Layla's Lebanese in Old Town, closed.

-Lost Dog Café (gourmet pizza & deli)
coming to N. Henry St. in Old Town.

-Mason Social coming to N. Henry St. in Old Town.

-Olea (pizza, panini, pasta, salads)
open at 703 King St in Old Town.-Tazza Kitchen opening soon on
S. Glebe Rd (formerly Café Caturra).**New boutique!**Cameron Station neighbor Tu-Anh Nguyen opened *Tu-anh Boutique* in the heart of Old Town at 113 S. Washington St. She calls this the "sanctuary for the earth goddess."

The compass

200 Cameron Station Blvd.
Alexandria, VA 22304

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