

CAMERON STATION COMMUNITY ASSOCIATION, INC.
PERSONAL TRAINER POLICY

Residents are entitled to bring a personal trainer to the Fitness Center for the purpose of providing the Resident with personal training services, provided that the Resident complies with either of the two following requirements:

1. The Resident's personal trainer must enter into an employment agreement with the company that is contracted by the Association to operate the Fitness Center. The employment agreement shall provide that the personal trainer shall be an employee of the company that is contracted by the Association to operate the Fitness Center for the purpose of providing personal training services in the Fitness Center; or
2. The Resident must complete a Request to Use a Personal Trainer Form, a copy of which is attached to this Policy, that includes the following information and documentation:
 - ❑ The name of the Resident;
 - ❑ The name, address, phone number and business information for the Personal Trainer;
 - ❑ The Personal Trainer's certifications and licenses;
 - ❑ The Resident must submit copies of the Personal Trainer's professional liability insurance policy to the Cameron Station Management Office;
 - ❑ The Resident must agree to indemnify and hold harmless the Association against any liabilities, damages or causes of action arising out of their use of the Cameron Club while receiving personal training from their personal trainer; and
 - ❑ The Resident must provide the Management Office with a Personal Trainer Agreement, a copy of which is attached, completed and signed by their personal trainer.

The Resident must submit the Request to Use a Personal Trainer Form, all required insurance certifications, and the Personal Trainer Agreement to the Cameron Station Management Office in the Cameron Club at 200 Cameron Station Blvd., Alexandria, VA 22304. Personal Trainers are prohibited from providing any services in the Cameron Club unless the Resident provides Management with a completed Request to Use a Personal Trainer Form, copies of the Personal Trainer's professional liability insurance policy and a fully executed Personal Trainer Agreement, or, in the alternative, a valid employment agreement with the company that is contracted by the Association to operate the Fitness Center.

A Personal Trainer is prohibited from providing personal training services to more than two individuals in the Cameron Club in any single month. Personal trainers are prohibited from advertising their services within the Cameron Club. These prohibitions shall

not apply to any personal trainer that is employed by the company that is contracted by the Association to operate the Fitness Center, and any personal trainer that is employed by the company that is contracted by the Association to operate the Fitness Center shall not be required to provide a fully executed Personal Trainer Agreement to Management.